



The Splash !

The Official Newsletter of The Association of Canine Water Therapy

Dedicated to and Inspired by the Dogs in our Lives

Volume 2, Issue 3

Fall 2006

Inside this Issue:

Canine First Aid for the Water Therapist	1
President's Message	2
July 2006 Meeting Highlights	3
October 2006 and January 2007 Meeting Details	5
Pet First Aid Kit	9
Is Fluoride Safe for You and Your Dog?	10
Natural Pool Care for Water Therapy	12
Ask The Pool Guru Column <i>What is pH?</i>	13
Ask The Vet Column <i>Lameness is not always what it seems</i>	14
Marketing Scents <i>It is not what you do...it is how you do it...that will determine your success</i>	16
Sink or Swim Toy Ratings <i>Wubba World Water Wubba</i>	18
Sniff This! <i>Products new to our industry</i>	19
Waggin' Tails <i>Member News</i>	20
ACWT Announcements	22
Upcoming Training Opportunities	23
Member Discounts	23
Member Directory <i>A listing of all ACWT Members</i>	24



Canine First Aid for the Water Therapist

(presented by Lisa Dzyban, DVM, ACVIM Diplomate at the July 2006 ACWT Meeting)

BE PREPARED!!!



- ◆ Get pet medical history, including underlying medical conditions. Be sure to find out what medication(s) the pet is on. Have veterinarian and emergency contact information.
- ◆ Have a pet first aid kit readily available. This should be in a place where everyone can get to it. Mounting it on a wall may not be a good idea as it can not easily be removed to take to the area where it is needed. (See the Pet First Aid Kit article for items that should be contained in your Kit).
- ◆ Have a list of Emergency Phone Numbers readily available. Animal Poison Control (1-888-426-4435 or www.apcc.aspc.org).
- ◆ All staff should be trained and current in pet CPR.
- ◆ Have a disaster plan in place and practice safety drills with your staff.
- ◆ Make sure all dogs have ID on.

CAUTION!

Heart Disease

- ◆ If the dog has been diagnosed with a heart condition, be sure to find out from the veterinarian if the dog can start an exercise program and what the parameters are.
- ◆ Common medications include lasix, digoxin and enalapril.
- ◆ Heart problems commonly show the day after exercise.
- ◆ These dogs are not normal animals. Chemicals and heat can cause problems in these dogs.

(Continued on page 6)



The Splash !

President's Message

Our Association is closing in on our 2nd year together and what a successful dynamic group we have become! Our members are getting involved, the ACWT has a life-force of its own now and it is just so much fun being a part of this fabulous group.

Our new website is getting rave reviews thanks to Sandy Fisher, our Webmaster. Our members and their needs are being taken care of now by our wonderful Vice President Heidi Hague. With Cindy Hickman's guidance, our forums have switched over to the YAHOO groups and we have sure had fun there! Cindy Hickman and Cassie Sawyer are pulling together some amazing educational events which our local members enjoy and then the details are sent out to our non-local members and featured on our website as well. Karen Hunter is our new Pool Guru and will offer quarterly tips and answers to questions in her column. Dr. Tina will offer answers as well in her column...we have so many members stepping up to offer support to those in our industry.

January will be our annual board meeting and business meeting. We'll be concentrating on website content building so that our site becomes the premier educational site for this work. Please send in any ideas or testimonies for our website - - your contribution may be the difference in someone's life as they seek answers to questions regarding their most beloved companion.

We are transitioning all of our renewals so that members will be on a calendar year basis. Look for the renewal invoice right around the time the holiday cookies are coming out of the oven ... we have some fun ideas for year end gifts for our renewals - stay tuned!

What I am most moved by in our Association is the support and the unconditional desire to help amongst our members. While other industries and areas of service may breed competition, our industry inspires compassion and a genuine desire to help the dogs in our lives... wow! Perhaps we are all striving to be like the dogs who have inspired us to take this path...this path of canine water therapy is indeed a path of our highest self... yeah us !!!

I am looking forward to our 3rd year together,

Woof!

Cindy

OFFICERS AND COMMITTEES

President

Cindy Horsfall

Vice President

Heidi Hague

Secretary

Sandy Fisher

Treasurer

Cindy Horsfall

Newsletter Editor / Webmaster

Sandy Fisher

Ethics Committee

Lisa Van Horn

Website Links Committee

Anita Ghering

Social Events & Meetings (Place)

Teri Sahn

Social Events & Meetings (Event)

Cindy Hickman

Cassie Sawyer

Yahoo Group Moderator

Cindy Hickman



**The Association of
Canine Water Therapy**

325 E. Washington Street ~ #237

Sequim, WA 98382

www.caninewatertherapy.com



Dedicated to and Inspired by the Dogs in our Lives!

Mission Statement:

The Association of Canine Water Therapy is dedicated to advancing the safe practices of canine water therapy through education, establishing industry standards and building a network of support.

Vision Statement:

To be an Association that inspires us all to come together as a profession, to build standards for our work and to bring opportunities to further our skills.

Photo by Nancy Levine ~ www.browneyesgallery



The Splash !

July 2006 Meeting Highlights

**Association of
Canine Water Therapy
Quarterly Meeting
held July 17, 2006
at Heavenly Spa in Fall City, WA**

Members in Attendance:

Cindy Horsfall, Sandy Fisher, Doris Kopp, Teri Sahm with Leo and Mrs. Honey, Heidi Hague, John Hague, Linda Voelker, Beth Meyer, Tonita Fernandez, Karen Theusen, Cindy Hickman, Cassie Sawyer with Chessie, Carol Swindaman, Ann Schurman, Tina Ellenbogen, DVM, Megan Anderson, and JLinn Henline

New Members joining this evening:
Lisa Flanders and Vonni Goetting

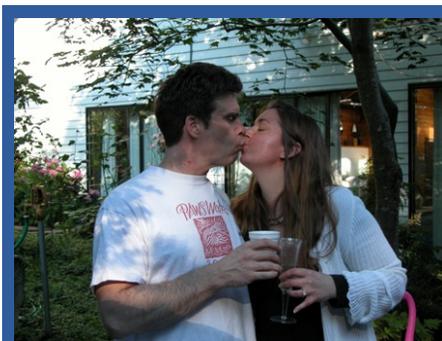
Guests in Attendance: Lisa Dzyban, DVM, John Alexander Jr. and Susan Quinby

Social hour took place from 5:00 to 6:30 pm. The weather was absolutely perfect for an outdoor social hour. This was our first potluck event and everyone really enjoyed it so it was decided that all future events will be potluck events. The array of dishes that attendees brought was amazing and delicious.



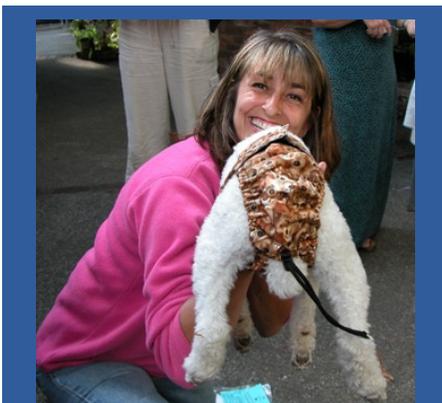
SOCIAL HOUR

Members John and Heidi Hague (below) were married two days prior and brought champagne flutes and champagne to share a toast.



**NEWLYWEDS
JOHN AND HEIDI HAGUE**

Samples of the Sam's Dog Hut rehab and swimwear were on display and Teri's Leo (being held by Tonita Fernandez) was a willing model.



TONITA AND LEO, THE MODEL

Raffle prizes were awarded. Heidi Hague donated a couple items from her jewelry business. Heidi is an Independent Consultant for Cookie Lee fine fashion jewelry. Heidi donated a very cute flip flop toe ring (which was won by Lisa Dzyban, DVM) and a beautiful bracelet

(which was won by Doris Kopp). If you are interested in seeing a catalog or placing an order, you can contact Heidi at 253-635-5450. Amy North, an Independent Distributor for Gold Canyon Candles, donated a Latte scented candle in a coffee mug. This was won by Megan Anderson. These candles are a favorite of many so if you are interested, contact Amy at anorth3@cox.net. Ann Schurman won the ACWT coffee mug and Cindy Hickman won the dog bowl filled with goodies.

Cindy Hickman and Cassie Sawyer, our meeting event coordinators, passed out some short surveys for members to complete.



**CASSIE SAWYER AND
CINDY HICKMAN**

They asked for opinions on:

- * the location of the meetings
- * how many meetings per year to have
- * content on meetings
- * any other feedback

13 surveys were returned and the results are listed below:

Meeting frequency: Eight members prefer quarterly meetings; two

(Continued on page 4)



The Splash !

July 2006 Meeting Highlights cont.

(Continued from page 3)

members prefer 2-3 meetings per year; one member prefers monthly meetings and two had no response.

Day and time: Four members prefer Monday night; four members prefer any evening; two members prefer weekends and three had no preference.

Ideas for future topics and events: pet emergency preparedness, gait analysis, behavior, small business information, hands on pool time with

different therapists, anatomy refresher, health issues and rehab, dealing with grief, alternative medicine presentations, geriatric problems, neurological conditions, aromatherapy, nutrition, CPR training, product demos, Watsu, and orthopedic info.

Other Suggestions: Rotate locations and keep the potluck format.

We are hoping to schedule meetings that fit into as many member's schedules and also come up with events that are of interest to members.

We need to have good attendance at all meetings.

At 6:50, the scheduled event, Canine First Aid for the Water Therapist, began.

To view the information presented in Dr. Lisa Dzyban's presentation, please see the article entitled "Canine First Aid for the Water Therapist".

Meeting adjourned.



Disclaimer

This newsletter and its contents are owned by The Association of Canine Water Therapy (ACWT) - unless otherwise noted. NOTHING from this newsletter may be used without our written permission. We have taken great measures to ensure the accuracy of the information contained, however, articles, links, photos, recipes, forum postings and text contained are intended to be informational only and do not constitute endorsements, training guidance, examples or instructions. The presence of members in our directories represents only that these companies, organizations, institutions, or individuals are members in good standing of the ACWT. ACWT does not endorse these members and makes no representations, warranties or guarantees as to, and assumes no responsibility for, the products or services provided by these members. ACWT expressly disclaims all liability for damages of any kind arising out of the use or performance of the products or services provided by these members. Nothing in our website or this newsletter is intended to replace diagnosis or treatment from a veterinarian or other licensed professional. The ACWT does not assume any legal responsibility. Readers should always consult their veterinarian for specific diagnosis and treatment.



The Splash!

October 2006 Meeting

THE ASSOCIATION OF CANINE WATER THERAPY

Invites you to

RECOGNIZING CHINESE PATTERNS IN GERIATRIC DOGS

Held in conjunction with our Fall Meeting

**MONDAY, OCTOBER 16, 2006 ~ 5:00 PM
AT HEAVENLY SPA IN FALL CITY, WA**

(for directions to Heavenly Spa, go to www.allpetsgotoheaven.com or call Teri at 425-222-7221)

Featuring:

MICHAEL SALEWSKI, DVM, CAC, CVA
FROM PILCHUCK VETERINARY HOSPITAL IN SNOHOMISH, WA

About Our Topic

In Traditional Chinese Medicine (TCM), the focus is on patterns of disharmony in the body, not just specific symptoms. The practitioner does a thorough examination of the animal using the Four Examinations (look, listen, smell/taste, touch) to identify the patterns that are present. From these patterns, a TCM diagnosis is made and a treatment plan is formulated, which can include diet, herbs, acupuncture, etc. There are specific patterns relating to geriatric animals that can be helped greatly through TCM.

About Our Speaker



A 1990 graduate of Virginia-Maryland Regional College of Veterinary Medicine, Dr. Salewski subsequently completed extensive training in veterinary chiropractic, acupuncture, and Chinese herbal medicine. Since joining Pilchuck Veterinary Hospital in 1993 as an equine ambulatory practitioner, the main focus of Dr. Salewski's practice has been the integration of alternative therapies with conventional veterinary medicine. This integrative approach has proven valuable to both his equine and small animal patients. Dr. Salewski traveled to China in October of 2004 and in the summer of 2006 to further his knowledge of Traditional Chinese Veterinary Medicine, and has recently co-authored the textbook, Chinese Veterinary Herbal Therapy. He has been instrumental in the development of an alternative medicine/rehabilitation center at Pilchuck Veterinary Hospital. A devoted dad, his free time is spent with his boys and his wife on their farm.

Agenda:

5:00 to 6:30 pm ~ Potluck Dinner

Please bring a dish to share (main course, side dish, salad, appetizer or dessert)

6:30 to 7:30 pm ~ Presentation by Dr. Salewski with Q&A to follow

Non-members can join us for a \$10 donation or can join as a Supporting Friend for \$30 and participate in this event and ALL events for a year! Also, enjoy the many other benefits of membership!

Visit www.caninewatertherapy.com
for an application or join the night of the event!



Dedicated to and Inspired by the Dogs in our Lives

January 2007 Meeting

A Pizza Party!

The January meeting will be the annual business meeting of the Association of Canine Water Therapy. At this meeting, Officers, Committee members and anyone else that is interested in helping build website content, joining or heading a committee or helping out in any way is invited to join us.

When: Monday, January 22, 2007 ~ 7:00 pm (social hour starts at 6:00 pm)

Where: K9 Aquatics on the Sammamish Plateau (Washington)

RSVP to Cindy Hickman at cindy@aquadogspa.com by January 8th! Please let us know what your interests are so we can appropriately plan for your interests. If you're not sure of how you wish to help, don't worry. We'll help you find something fun and rewarding! Directions will be emailed to you after we receive your RSVP!



Canine First Aid for the Water Therapist cont.

(Continued from page 1)

Respiratory Disease

- ◆ These involve the lung or upper airway.
- ◆ Common medications include theodur and hycodan
- ◆ Chemicals and heat can cause problems in these dogs.

Neurologic or Muscle Disease

- ◆ This includes seizure disorders.
- ◆ Common medications include phenobarbital and acepromazine.

Endocrine Disease

- ◆ Common medication includes insulin.

Cancer or immune disease

- ◆ Dogs shouldn't go to public dog places while their white blood cell count is low (usually the 2 days while getting chemotherapy).

CANINE EMERGENCY PROCEDURES

Drowning

- ◆ Did you know that a dog can drown on 1 tablespoon of water?
- ◆ A dog can drown in water or in vomit. The heart will stop within 60 seconds.
- ◆ Wet Drowning: Inhale fluids and lungs get full.
- ◆ Dry Drowning: Nothing is in the lungs. The dog tries to breathe but the glottis closes and clamps shut. The dog does not get oxygen and there is a lot of lung trauma.
- ◆ Gravity is your ally the first few seconds after drowning.
- ◆ Procedure to assist a drowning dog:

- Invert the dog to expel water and try to get the airway back by sweeping your finger in the back of the throat. Use gravity. You can stand the dog on it's nose. Do not punch the dog.
- Lay on side with it's head lower than it's torso .
- Evaluate for CPR and begin if needed.
- Wrap in warm blankets.
- Get the dog to the veterinarian!

Hypoglycemia

- ◆ Causes: Diabetes, Addison's, liver failure, insulin, and tumors. Puppies, Labrador Retrievers and hunting dogs are especially susceptible. Small breeds are more prone to low blood pressure rather than low blood sugar.
- ◆ Signs: Weakness, disorientation and seizures.
- ◆ Treatment procedure:
 - Feed the dog if it is able to swallow.
 - If not able to swallow, corn syrup on the gums may work.
 - Honey, glucose tablets, marshmallows and frosting can be kept on hand.
 - Get the dog to the veterinarian!
 - A reward is that when you exercise a diabetic dog their medications may need to be lowered. Exercise is great for these dogs!

Seizures

- ◆ Causes: Epilepsy, low blood sugar, low oxygen and brain disorders. The brain feeds on

oxygen and sugar.

- ◆ Seizures can be Grand Mal to Petit Mal.
- ◆ Treatment procedure:
 - Protect the dog from injury. Hitting it's head on the ground is the most common problem.
 - If the dog is in the water at the time of the seizure, keep its head above the water. If you are by yourself, stay in the water if the seizure lasts less than 5 minutes. The warm water could actually be helpful.
 - Do not rub or stimulate or yell at the dog. This could make the seizure last longer. Speak calmly and place your hands on them.
 - Time the event.
 - Give Phenobarbital if already prescribed.
 - Get the dog to the veterinarian if this is a new problem, if the seizure is longer than 5 minutes or if there are two or more seizures in 24 hours!

Respiratory Distress

- ◆ Causes: Prior heart, upper airway or lung disease, inhalation of water or vomit (choking) and foreign body. One of the most common culprits is beauty bark.
- ◆ Signs: Air gulping, noisy breathing, raspiness, hoarse bark, lilac gums and no breathing. Upper airway noise can indicate inhaled items. Do not confuse these symptoms with reverse sneezing.
- ◆ If the dog is oxygenating properly, there are usually no

(Continued on page 7)



Canine First Aid for the Water Therapist cont.

(Continued from page 6)

worries. If the dog has laryngeal paralysis, is overly warm or has had too much exercise, the dog is probably not getting enough oxygen and this becomes a life and death situation.

- ◆ Treatment procedure:
 - Keep the dog cool, calm and fan its face. If air conditioning is available, that is best. If you are in a humid place, take the dog outside.
 - Perform the Heimlich maneuver if a known foreign object is present. Do not do this if the dog is coughing.
 - Evaluate the dog for CPR and begin if needed.
 - Take the dog to the veterinarian even if the dog improves.
 - If the dog has known lung disease, exercise the dog carefully and expose it only to perfect air quality.
 - Dogs with severe bronchitis may not be a good candidate for swimming.

Weakness/Paresis (new)

- ◆ Causes:
 - Neurologic: disc disease, slipped disc, emboli, tumor, endocrine disease, infection, Myasthenia, and certain medications.
 - * Myasthenia is an immune disease affecting certain muscles. The longer the dog exercises, the weaker it gets. Hind legs are worse than the front. With rest, they get better. The esophagus is also affected. This mostly

occurs in large breed dogs.

- Hypoxia (low oxygen): heart disease, anemia and lung disease.
 - * If the dog comes out of the water and collapses, the veterinarian will look at this as a possible cause.
- ◆ Signs: Inability or incoordinated ambulation. Any dog that is weak of having trouble walking may have hypoxia. Gum color can be an indicator, however dead dogs can have pink gums so you can't always use this as a sign.
- ◆ Treatment procedure:
 - Immediate and complete rest.
 - Get the dog to the veterinarian!

Fainting

- ◆ Causes: Heart disease, severe anemia and brain disorder. 90% of the time when a dog faints, they have a heart problem. Low blood sugar and low blood pressure can also cause fainting.
- ◆ Signs: Loss of consciousness with rapid recovery. If the dog falls over, is limp, wakes up and is ok, it has probably fainted versus having a seizure.
- ◆ Treatment procedure:
 - Get a heart rate or rhythm while fainted if at all possible. This can be very helpful to the veterinarian.
 - Immediate and complete rest.
 - Get the dog to the veterinarian!

PULSE AND HEART RATE

Normal heart rate (resting)

- ◆ Small dog: 100-160 beats per minute (bpm). This can go up to

250 bpm if the dog is very anxious.

- ◆ Large dog (over 30 pounds): 60 to 100 bpm. The larger the dog, the slower the heart rate. A Mastiff may have a heart rate of 60 bpm and a Labrador might have a heart rate of 80-100 bpm.

Pulse Points

- ◆ Take the pulse at the inner thigh (femoral), the left fifth rib space (heart beat) or pedal or palmar (paw).
- ◆ Heart rate is similar to pulse but not exactly.

Allergic Reaction (anaphylactic)

- ◆ Causes: Bee stings and spider bites are most common. Also, vaccine and medication reactions.
- ◆ Signs: Swollen muzzle and face, itchiness (usually the first sign), hives, vomiting and diarrhea (a severe sign). Hives are more evident in short haired dogs.
- ◆ Treatment procedure:
 - Give Benadryl (diphenhydramine) at a dose of 1 mg per pound. If the dog does not get better right away, it will need a stronger medication. If swollen face and itchiness are the only symptoms, the dog is still in a safe place. Benadryl may keep the dog from going to the next stage which is usually hives.
 - Steroids and epinephrine are also treatment options. An Epi-Pen is used only for life and death situations.
 - Get the dog to the veterinarian!

(Continued on page 8)



The Splash!

Canine First Aid for the Water Therapist cont.

(Continued from page 7)

Gastric Torsion

- ◆ Cause: Distension of stomach with gas and/or food and rotation of organ on axis. It cuts off its own blood supply and usually takes the spleen with it. Starts as bloat.
- ◆ Signs: The cardinal sign the veterinarian looks for is dry vomiting. You may or may not see a distended stomach. Also, a rapid heart rate.
- ◆ Treatment procedure: Get the dog to the veterinarian immediately. Can be fatal within 4 hours.
- ◆ Simple bloat is rarely fatal. The flip of the stomach is what is most dangerous.
- ◆ Large breed, deep-chested dogs are more prone to bloat. With these dogs, it can be hard to tell if the stomach is distended just by looking at them. An x-ray will probably be needed.
- ◆ The only cause that has been found is exercise after eating. Usually 1 hour after a meal but can be as long as 4 hours after. Also, don't let dogs eat 4-6 before swimming.

Hyperthermia

- ◆ Cause: Body temperature greater than 104 degrees. Usually associated with heat (such as being left in a hot car) or exercise. Bulldogs and dogs with laryngeal problems are especially prone.
- ◆ Signs: Excessive panting, drooling, collapse, noisy breathing, brick membranes, cherry red gums bloody diarrhea and rapid heart rate.
- ◆ Treatment procedure:
 - Wet body with cool (not cold) water and place in front of a fan or air conditioner.
 - Get the dog to the veterinarian!
 - When the body temperature reaches 104 degrees, the intestines start to melt and toxins are released into the bloodstream. At 105-106 degrees, the brain swells and damage occurs. Fluid moves into places where it is not supposed to be. The dog can have problems with their heart and kidneys afterward due to the release of the toxins.
 - Hyperthermia is a cardiovascular nightmare. Care can last

3 days or more.

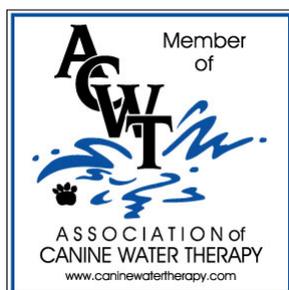
Vomiting and Diarrhea

- ◆ These symptoms can be an emergency if:
 - There is blood in the vomit or throughout the diarrhea.
 - The dog vomits more than eight times in 24 hours.
 - Vomit and diarrhea are occurring together.
 - There are other signs of shock or allergic reaction.
 - Treatment procedure: withhold food and give small amounts of water frequently if it does not trigger vomiting.

Bite Wounds and Eye Trauma

- ◆ All eye wounds are an emergency! Prevent self trauma with an Elizabethan collar.
- ◆ Flat faced dogs are especially prone to eye trauma.
- ◆ All bite wounds are worse than they appear on the surface. There can be muscle trauma and infection.
- ◆ Antibiotics should be started within 8 hours.
- ◆ Bite wounds of the abdomen, neck or chest often need surgical exploration.

ACWT Logo Available For Your Use!



Do you have a website for your canine water therapy business?
Do you have printed literature, including brochures
and business cards, advertising your canine water therapy business?

Be sure to let everyone know about your membership in the
Association of Canine Water Therapy by including the ACWT logo.

Visit the Members Only section of the ACWT website.

Also available in this section: Exclusive access to the online version of *The Splash*
and instructions to get your valuable Member Discounts .



The Splash !

Pet First Aid Kit

Your pet first aid kit should include the following items:

- ◆ Latex gloves
- ◆ Gauze sponges in a variety of sizes, both large and small
- ◆ Roll gauze, 2" wide
- ◆ Roll bandages, such as gauze wrap that stretches and clings
- ◆ Material to make a splint. This can include pieces of wood, newspaper and sticks (the free paint stirring sticks work well)
- ◆ Adhesive tape, hypo-allergenic
- ◆ Non-adherent sterile pads. These make excellent dressings.
- ◆ Small scissors
- ◆ Grooming clippers or a safety razor
- ◆ Nylon leash and collar (at least one)
- ◆ Towel
- ◆ Muzzle. A cage muzzle is ideal but a soft collapsible one may be more convenient to carry. Get one you know already fits your pet. You can also use roll gauze so have extra on hand.
- ◆ Compact thermal blanket (can be found in sporting goods stores)
- ◆ Pediatric rectal thermometer (may be digital)
- ◆ Water based sterile lubricant (washes off easily)
- ◆ Three percent hydrogen peroxide
Warning: this will have an expiration date).
- ◆ Rubbing alcohol (isopropyl)
- ◆ Over-the-counter topical antibiotic ointment
- ◆ Epsom salts
- ◆ Baby dose syringe or eye dropper (non-glass)
- ◆ Sterile eye lubricant
- ◆ Sterile saline eye wash
- ◆ Diphenhydramine in an appropriate dosage for your pet, if

approved by your veterinarian.
Warning: this will have an expiration date.

- ◆ Glucose paste or corn syrup
- ◆ Styptic powder or pencil.
- ◆ Expired credit card (or similar item) to scrape away stingers
- ◆ A list of emergency telephone numbers including your pet's veterinarian, an after-hours veterinary hospital and the National Animal Poison Control Center (1-800-548-2423 or 1-900-680-0000)
- ◆ Petroleum jelly
- ◆ Penlight
- ◆ Clean cloth
- ◆ Needle-nose pliers

THE WORKING DOGS DELUXE FIRST AID KIT

Available at
www.workingdogs.com



The Working Dogs Complete First Aid Kit is designed to cover the broadest range of K-9 emergencies. They have included supplies and equipment to cover most emergency care situations. It includes an Emergency Care Quick Reference which shows how to do CPR.

The Medical Instruments include a Stethoscope, Petscope, Trix Tick

Remover, EMT Scissors, Stainless Steel Kelly Forceps, Pill Gun, Thermometer, Skin Stapler, Thumb Forceps, Wire Scissors, Tourniquet, and syringes to administer medications with.

The Bandaging Supplies include: Vetrap, Cast Padding, Trauma Pads, Gauze rolls and sponges, tape, ear stockingette, non-stick pads, Eye and wound flush solution, povidine-iodine swabs, exam gloves and much more!

Meds include Benadryl, Buffered Aspirin, Sting Stopper, Styptic, Loperamide, Hydrocortisone Creme, Triple Antibiotic, Peroxide, and more. It also includes a 1 oz tube of EMT Gel which is excellent for stopping bleeding as well as protecting a wound from infection.

There are over 100 items in this kit.

The Deluxe Kit includes either the Emergency First Aid for Dogs or the Advanced Canine First Aid video, as well as the Field Guide to Dog First Aid Book. If you purchase the second video along with this first aid kit order, they will take \$2.00 off of the normal price for the 2nd one.

Price - \$150.00

Other kits and separate items are also available.





Is Fluoride Safe for You and your Dog?

By Linda Joy, MSW

For the last 60 years, we've been assured that the addition of fluoride to our public water supplies is a safe and effective means of reducing dental decay. But is it really safe and effective? Or does fluoride pose health risks not only for us, but for our dogs? Although health officials insist that fluoride is safe, the reality is that politics often trump science when public policy is made. Therefore, with fluoride, as with all toxic chemicals, it is wise to investigate as much as you can and decide for yourself. To begin, consider the following questions along with their often surprising answers:

What is the actual fluoride chemical added to our water?

Hydrofluorosilicic acid is the chemical put in the vast majority of U.S. water supplies. It is not pharmaceutical grade, it is removed from the pollution scrubbers of phosphate fertilizer plants and contains contaminants of lead, arsenic and radium. This toxic industrial waste - which would be costly for the fertilizer industry to dispose of properly - is sold to water districts and is more toxic than lead.

Are there any health risks from fluoride for people and pets?

While the public has been assured of its safety, in actuality, the Environmental Protection Agency (EPA) has acknowledged that no chronic health studies have been done on this fluoride chemical. In March of 2006, The National Research Council (NRC) completed a three

year review of the peer-reviewed research on fluoride. Numerous adverse health risks were cited such as disruption of the nervous and endocrine systems (including the brain and thyroid), bone fractures, and joint pain. A recently published Harvard study concluded that there was a seven-fold risk in osteosarcoma, or bone cancer, among young boys after exposure to fluoridated water. This study may have implication for dogs, since osteosarcoma, or bone cancer, is the most common bone tumor diagnosed in dogs in the U.S.

Dogs have a significantly higher rate of osteosarcoma than humans. Researchers at Colorado State University recently conducted a large study on osteosarcoma and dogs. In

their abstract they state that the osteosarcoma rate in dogs is 8 in 100,000, approximately 8 times greater than that in humans. Their findings haven't yet been published, and their research will be the first epidemiological study of the effects of fluoride on dogs. More research on fluoride's impact on dogs and cats needs to be conducted to rule out, or determine, adverse health effects.

Is bathing and swimming in fluoridated water harmful for us or our dogs?

Fluoride in highly acidic water does enter the skin, although it is unclear whether neutral acidity, typical of most tap water, can do the same

thing. However, since some studies indicate that fluoride can be absorbed through the skin, more research needs to be done in this area.

Since people and their dogs drink various amounts of fluoridated water, and many foods contain fluoride, how can the fluoride dose be controlled?

Simply - it can't! Water is usually fluoridated at 1 part per million (1 ppm) to provide 1 mg of fluoride per liter of water. However, dogs and their humans who drink more than the average amount of this water will ingest higher levels of fluoride and be more susceptible to its toxic effects. There is no way of controlling the dose, which means fluoridation contradicts sound pharmacological principles. It is medically irresponsible and unethical to administer to everyone - without informed consent - the same medication without first determining individual need.

In addition, the fluoride content in processed foods and beverages adds to the total fluoride intake in both humans and their companion animals. People ingest fluoride from many common cereals, sodas, juices, etc., and fluoride is found in pesticide residues as well. As a result of this overexposure, in 2005 the Centers for Disease Control reported that 32% of U.S. children now have some form of dental fluorosis (permanent scarring

"The stages of skeletal fluorosis range from joint pain, muscle weakness and changes in the pelvis and spinal column to osteoporosis and to a crippling condition of the joints and vertebrae."

(Continued on page 11)



Is Fluoride Safe for You and your Dog? cont.

(Continued from page 10)

of the teeth) due to ingesting too much fluoride.

Research indicates that pet foods can contain high levels of fluoride; a low fluoride commercial dog food can contain 40-60 parts per million of fluoride and a high fluoride dog food can have 460 parts per million or more of fluoride! However, little systematic research has been done regarding the fluoride content of pet food. With potentially high levels of fluoride (sometimes called fluorine) consumed by dogs, is it possible – as in people – that symptoms of arthritis, spinal abnormalities, etc. in dogs could actually be skeletal fluorosis (over-accumulation of fluoride in the bone)? The stages of skeletal fluorosis range from joint pain, muscle weakness and changes in the pelvis and spinal column to osteoporosis and to a crippling condition of the joints and vertebrae. Unfortunately, veterinarians typically aren't aware that the fluoride content in pet foods could be very high and potentially impacting a pet's health.

Is fluoridation effective? Are there benefits which outweigh the risks?

There is now agreement among dental researchers that any benefit of fluoride in fighting tooth decay comes from direct application to teeth, not from ingestion. The "effectiveness" of fluoridation is more myth than science. Most European countries are not fluoridated, yet World Health Organization statistics show that European dental decay rates have gone down as much as those in the U.S. In addition, major U.S. cities such as Seattle, Chicago, Cincinnati and Boston have been fluoridating for decades, yet they all are reporting

rampant tooth decay among children. Adequate dental care and a nutritious diet are critical in reducing tooth decay, and both are absent in the low-income populations of these cities.

What are some recent developments around this issue?

Dr. Hardy Limeback, one of the scientists on the prestigious panel of the National Research Council that reviewed fluoride's toxicity, has said that their report is highly relevant to the policy of fluoridation. Dr. Limeback has stated, "the evidence that fluoridation is more harmful than beneficial is now overwhelming."

On August 19, 2005, 11 U.S. EPA Unions, representing over 7000 professional employees, called for a nationwide moratorium on fluoridation and also a congressional investigation of this policy.

In June, 2005, scientists at the Environmental Working Group asked the National Institutes of Health to list fluoride in tap water as a carcinogen.

The Fluoride Deception, published by Christopher Bryson in 2004, exposes the sordid history of fluoridation. Bryson discusses how industry and the military worked behind the scenes to bury or alter studies indicating fluoride's toxic effects.

In 2001, Dr. J. William Hirzy, Senior Vice-President, Headquarters Union, spoke to the US EPA on behalf of his union. He said, "In summary, we hold that fluoridation is an unreasonable risk. That is, the toxicity of fluoride is so great and the purported benefits associated with it are so small - if there are any at all – that requiring every man, woman and child in America to ingest it borders on

criminal behavior on the part of governments."

How can we and our pets avoid fluoride exposure?

First and foremost, avoid drinking fluoridated water! One way to do this is by removing fluoride from all drinking water and cooking water, using systems like reverse osmosis, ion-exchange, or distillation. Be aware that common charcoal filters do not remove fluoride. Another option is to buy bottled water (check the ingredients for fluoride!) for your family and pets.

If you have an infant, do not use fluoridated water to make formula since this would give the baby a very high dose of fluoride. Infant formula reconstituted with fluoridated water gives the baby 250 times more fluoride than occurs naturally in breast milk! Children under 3 should not be exposed to more than one glass of fluoridated water daily, although it is best to avoid fluoride altogether.

Your dogs and other pets also need to be protected from high fluoride levels in their food. If you feed your dog or cat commercial pet food, call the companies and ask for the fluoride content. (Unfortunately this is difficult to determine since companies usually don't test for fluoride.) Try to avoid commercial pet food (or people food) that uses mechanically de-boned chicken since it contains high fluoride levels due to incorporated bone particles, in addition to other ingredients that contain fluoride.

What can we do to help bring about an end to this harmful policy of fluoridation?

The best thing you can do is educate
(Continued on page 12)



The Splash !

Natural Pool Care for Water Therapy

By Rebecca Berni
of Cottage S-paw
in Woodinville, WA

I use a totally natural method for pool care based on the writing of Dr. Masaru Emoto (author of Messages in Water). By following Dr. Emoto's process, I am actually creating "living water" which

contains healing properties. In nature water is considered "living" when it flows from a stream over mineral rocks, and heated and cleansed by the sun. By saying positive words to this water – the water crystals change form into brilliant designs. Conversely, negative words will make the crystals disappear and dissolve. Thru the act of massaging the dogs and positive affirmations, I can create



a truly healing center for the animals.

The flow of cleansing the water comes from moving out of the pool up to the pumps where it runs thru both mineral and traditional filters, as well as a dog hair strainer. Then the water moves out to the solar panels where the water is heated naturally and absorbs some natural minerals as well. As the heated water is returned

to the pump room, it is pumped with ozone to kill off bacteria. The clean, heated water is then returned back into the pool.

The pump systems run 24/7 so the water is kept in constant motion.

The daily maintenance system is based on "total dog load" – depending on the furriness of the animals, depends on how often the filters need to be cleaned or replaced.

I recommend every 10 hr of dog use.

I also still need to check the daily PH and adjust as needed, this can be done with plain Baking Soda – a naturally occurring pH adjuster.

In addition to the cleansing process, I empty out the pool every 6 weeks. This allows a deep clean to happen, all the hair and debris to be removed from the bottom of the pool. Then the pump housing is backwashed to make sure there are no hair clumps or other blockages which could cause a problem. The pool is then refilled with fresh water.

Visit this website for more information on mineral products, including Spa Frog products:



www.kingtechnology.com

Rebecca Berni
Cottage Spa

18117 NE 175th Pl
Woodinville, WA 98072
(888) 761-8626 or (425) 844-2834
cottagespa@comcast.net
www.cottagespa.com

Is Fluoride Safe for You and your Dog? cont.

(Continued from page 11)

yourself about fluoride and its risks and then share this information with others. The website with the most comprehensive information on fluoride is www.fluoridealert.org. The vast majority of people still believe the myth that fluoride is "safe and effective," and by educating others you can help bring about much-needed change in this perception. Fluoride's documented

health risks make it imperative to invoke the Precautionary Principle, which in the case of fluoridation translates into: when in doubt, leave it out!

References:

- ◆ <http://www.fluoridealert.org/pollution/1677.html>
- ◆ http://www.whatreallyworks.co.uk/start/articles.asp?article_ID=1679
- ◆ http://dels.nas.edu/dels/rpt_briefs/fluoride_brief_final.pdf

Epidemiology. 15(4):S83, July 2004, Water Fluoridation and Canine Osteosarcoma

Linda Joy belongs to WA Action for Safe Water (WASW). WASW educates the community on the current science regarding fluoride's toxicity, health risks, and effectiveness.

For information, contact her at safewater@comcast.net.



The Splash !

Ask The Pool Guru!

Ask The Pool Guru

Got questions about water quality, chemistry, or equipment?

Email Karen Hunter at:

poolguru@caninewatertherapy.com

Q: What is pH? Mine is frequently off, but my water looks fine.

A: Well, pH stands for “potential of hydrogen”, but I prefer to think of it as Potential Hazard. It is probably the single most important test in your pool kit, and keeping the pH in the correct range is one of the most valuable things you can do to keep your pool clean and safe.

pH is basically a measure of the relative acidity/alkalinity of a substance. It ranges from 0 (most acidic) to 14 (most alkaline), with 7 being neutral. Your blood, skin, saliva, and the diet Coke you drink all have pH values. When the pH in your body falls outside a certain range, it’s a sign that something is wrong.

The same is true of your pool water.

The pH in your pool should generally be kept in the 7.2 to 7.8 range, although I shoot for between 7.4 and 7.6. If it gets outside this range, several things can happen.

The first is that your clients will be uncomfortable. Stinging, red eyes and itchy skin are symptoms of an undesirable pH. High pH levels also increase the likelihood of yeast

infections – bad for dogs and people alike.

The second problem is sanitation. Chlorine and bromine do not work when the pH is too far out of balance. So you could be putting in chemicals to clean the water that are having little or no effect.

Finally, a pH that is too high can contribute to cloudiness in the water, while one that is too low can damage your pool and equipment.

A low pH can be raised with the addition of sodium bicarbonate - simple baking soda. Save yourself some money – instead of purchasing “pH Up” from the pool store, go to Costco and get a big bag of baking soda.

When the pH is too high, you must add acid to the water. Many people are reluctant to do this, believing that acid is a “bad” thing. Believe me, if your pH is too high, acid is a very good thing. It does require careful handling, though.

Changes in pH are easiest when they are small. Don’t wait until the pH is at the outside of the range to fix it. Once the pH is balanced and stable, testing two or three times a week (and making necessary adjustments) is probably all that will be needed. When you first set up the pool, after water changes, or after any major event (such as exceptionally heavy use or changing equipment), you

should test and adjust daily until things stabilize.

If you are testing for multiple things (and you should be), and need to fix more than one, fix the pH first.

Final note: Many kits include a test for TA (Total Alkalinity). In general, having the TA in the right range will help stabilize the pH. However, changing one will change the other, and depending on other factors, it may be impossible to make both of them fall in the suggested range (this is not uncommon when using ozone, which tends to raise pH without a corresponding change in TA). When this happens, ignore the TA and focus on the pH. If your pH is in the right range and your water is not cloudy, TA is of little importance.



Karen with her dogs

**Karen Hunter
Mega-Dogs**

22609 102nd Ave SE
Woodinville, WA 98077
425 487-3078
karen@mega-dogs.com
www.mega-dogs.com/

Ask The Vet

Ask The Vet

Send in your questions
or ideas for topics
for future issues to
Dr. Tina at:

drtina@caninewatertherapy.com

Lameness is not always what it seems.....



Bella and her people, Paul and Renee

“Bella”, an elegant, elderly Belgian Sheepdog, belonged to Renee and Paul. I became involved with her care after a diagnosis involving a rear leg lameness. I had originally met them several years earlier when their 5 year old beagle mix, “Zoe” declined rapidly after a diagnosis of, and attempted treatment for, lymph node cancer. Their canine family also includes “Jack”, a Belgian Sheepdog who’s now 10 years old, and “Gypsy” a very bouncy teenage miniature Aussie who arrived sometime after “Zoe’s” passing - she has sub-clinical mild hip dysplasia, but doesn’t

currently seem to know this!

Both “Bella” and “Jack” were rescue dogs: their exact age is unclear, but “Bella’s” was estimated at 14-15 years. Renee has been involved in dog rescue and training for many years; both dogs were beautifully trained with impeccable and polite manners, and were also involved with herding. “Bella” was Renee’s first dog to live into her geriatric years— besides “Zoe’s” early passing, another Belgian Sheepdog had died of a tumor of the spleen (hemangiosarcoma) at a young age. It was easy to be “Bella’s” “doctor – she was a polite and easy patient.

As a younger adult, “Bella’s” skin problems didn’t respond to simple treatments – referral to a dermatologist diagnosed Cushing’s disease, which was monitored and treated on an ongoing basis for many years. When she began limping on her right rear leg early in 2006, non-steroidal anti-inflammatory medications from her regular vet were helpful for awhile. Follow-up care included radiographs (under sedation) of stifles (knees), caudal /lumbar spine, and manipulation of knee joints to check for cruciate ligament tears and/or joint laxity –these were found to be present. Hip/pelvic radiographs were not taken at the time, partly because the knee joint laxity was consistent with her clinical signs, and perhaps due to some miscommunication regarding cost factors.

When the lameness persisted and worsened, Renee and Paul contacted one of the local surgeons who had performed surgery on their previous dogs – thinking that “Bella” was going to need surgery to fully stabilize that knee. “Bella’s” records

and radiographs were forwarded to the surgeon, per protocol. At the surgeon’s appointment, a rectal exam, performed as part of a thorough rear limb lameness evaluation, indicated a bony mass in the floor of the pelvic canal. Radiographs confirmed a lotus-flower-like mass protruding from the floor of the pelvis, and involving the nerves which exit through the obturator foramen (in the side of the pelvis). Sadly, a very grave and guarded prognosis was given, with discussion centering around an imminent need to consider euthanasia - before this mass created neurologic pain and/or inability to defecate as it pushed the colon up against the spine. This was all on a Friday afternoon.

So, I met “Bella” again as a hospice patient – with the owners hoping to make her comfortable through the weekend so they could get a grip on the gravity of the situation, and make some plans. Her medications at the time were the non-steroidal anti-inflammatory Metacam, and Tramadol was added at the time of diagnosis.

During the home evaluation it became clear that these were apparently not enough”. Bella” was clearly uncomfortable, shifting positions, and repeatedly getting up and down. This is often where a home visit is valuable – the patient is in their comfortable home environ, and able to exhibit some of their normal/routine behaviors.

What happened? “Bella’s” owners wanted to do whatever they could for as long as she could be comfortable. We started palliative and comfort/symptom care: we added a stronger pain medication - an

(Continued on page 15)



The Splash !

Ask The Vet cont.

(Continued from page 14)

appropriate dose (and kept the Metacam but discontinued the Tramadol); we added a stool softener (necessary with narcotic pain meds), adjusted her environmental factors so keep her safe and secure. These included throw rugs with non-slip backing for the hardwood floors, and keeping her separated from the other bouncy dogs when no one was there to supervise (ie: think Gypsy teenager!)

Admittedly, we all thought “Bella” had a few days to weeks. I queried the pain management email list I have access to through membership in the International Veterinary Association of Pain Management. As a result, we explored the possibility of palliative (not curative) radiation treatment, alternative therapies, etc. (See: www.ivapm.org for helpful pain recognition and management information for pet owners as well as their vets.)

Fortunately, Paul was working from home and able to spend extra good quality time with “Bella”, while

keeping the dogs separated but with equal attention.

The pain medication adjustment helped tremendously, and our patient was able to climb back onto the couch, and began to enjoy her tummy rubs again.

Several follow-up evaluations confirmed that the tumor was growing – it became palpable on the outside of her thigh, her right leg began to have some neurological deficits, and her gait became a bit stiffer. She still enjoyed her several walks a day, and her extra attention.

Almost exactly two months from definitive diagnosis, in late May, “Bella” began to have difficulty defecating. She tried to continue to be the model patient, but began to be uncomfortable with her daily bodily functions. To confirm that it was not from need of more stool softeners, her pelvis was re-radiographed. Unfortunately, as suspected, the tumor had grown internally – mechanically compressing her colon and keeping her from passing feces.

When the euthanasia decision was

finally necessary, we knew that the time was absolutely right, that no more palliative care was possible, and that it was a most loving gift to offer her. While it was incredibly sad, we were all grateful that a definitive diagnosis had been made, allowing appropriate palliative/hospice comfort care to be pursued even in the face of an original euthanasia recommendation, and that we had been incredibly successful in providing her two full months of excellent quality of life, instead of the two days that had been expected.

“Bella” taught all of us a great deal, and there are no regrets. We remember and celebrate and honor her, and hope that her story will continue to benefit others.

Dr. Tina Ellenbogen
Mobile Veterinary Services
Animal HomeCare & Hospice
 P.O. Box 1744
 Bothell, WA 98041
 425-485-7387 (485-PETS)
 DrTinaVet@aol.com
<http://hometown.aol.com/drtinavet/myhomepage/profile.html>
Quality - Convenience - Compassion

**Special Offer
for Members!**

**SPECIAL!!! 50% OFF!!!
Subscribe to Animal Wellness Magazine
for only \$9.95 for 6 issues!**

Animal Wellness Magazine is the only magazine produced in North America devoted to natural & holistic health for animals. Each issue speaks to animal lovers everywhere on how to improve the quality of life of our animal companions as well as animals in the wild. Take advantage of this fantastic offer!



www.animalwellnessmagazine.com/acwt



Marketing Scents

**It is Not What You Do.....
It is How You Do It.....
That will determine
your success...**

**by Charlie Comstock
of Synchronicity**

These words were spoken at a Wealth Building Lecture I recently attended. This quote was just one of many phrases discussed at the event. All were selected to motivate and inspire the attendees. We were tasked with reflecting upon our own unique life experiences and determine what each of us needed to do to achieve our life's goals.

The initial "thrust" into one's achievement of one's goals starts with recognizing who we are, what we want to do, and an acknowledgment that each of us are capable of achieving our goals. One's own attitude certainly has a major role as the "fuel" to drive us towards our objectives.

I share this brief recap with you because the more I think about my participation as a "marketing" consultant in Cindy Horsfall's Canine Water Therapy Level 2 Class, the more I realize that Cindy's message with her class is that it is not What you are doing.....it is How you are functioning as a Canine Water Therapist that makes you who you are.

And more important than who you believe you are it is the effect you leave upon your clients that determines you own success.

This reminds me of another "quote"

that is going around today...." People don't remember you for what you did.....People will remember you for how you made them feel." As a canine water therapist, these are words to live by.

The Level 2 curriculum includes an "Establishing YOUR Unique Identity" questionnaire asking the student to review their own unique skills and talents. They are also asked to position themselves as their clients and imagine how they would feel experiencing their own environment and services.

What music would your clients hear upon entering your facility, how would they feel after listening to an hour of your own selected audio environment. How would you want your clients to feel?

What colors and textures would they experience? Would they be physically calming, could they be mentally reflective, or even emotionally stimulating? Are there bright colors cleverly playing with the light dancing through the windows, or muted earth tones harmonizing with the natural fiber woven mat on the ever grounding floor.

What do you smell when you close your eyes and imagine your own place? Did you know that dogs have 40 times more scent cells than us humans? Now imagine what you would want your client to smell upon entry.

*Cindy Horsfall's
"The Heart of Canine
Water Therapy" classes
are offered at 3 levels.
Visit www.lapawspa.com
for more information!*

If all you can do is bring in your own towels to an existing facility, what color would they be and with what type of pattern? I discovered early on in my sales career that a well appointed tie could offset even a mediocre....dare I say cheap... business suit. I learned to spend as much on a tie as I would on a pair of pants or a sports jacket. Of course that is not saying much for the clothing....but those ties. They would always bring compliments.

And when I finished the appointment what do you think they remembered...my sports jacket or that tie? Though it represented a small portion of my wardrobe when you consider total square inches, it stood out and helped me create my own unique identity amongst all of the other sales people they experienced that week.

There is no one path to the healing process. How you present yourself will be sensed and remembered even before you are physically present to perform your services.

What is at the entrance of your facility, real or imagined if you do not yet have your own studio, allows you the opportunity to set the stage for your client's experience before they even set foot onto your unique healing environment.

You have control over everything in the environment you establish as you own healing center. This "center"

(Continued on page 17)

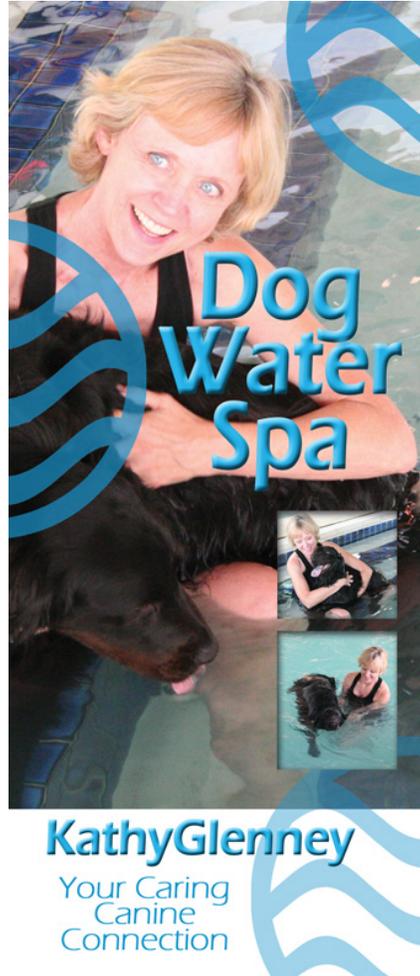
Marketing Scents cont.

(Continued from page 16)

may be an entire office building, a pool you have reserved for your own use, or even sections of time offered to you by a local spa. How you choose to create and operate within that space sets in motion the essence of who you are and ultimately how you are perceived.

That unique identity includes skills, talents, services, and products offered by you. Included with this article (see at right) are two examples of the "Calling Card" concept. This is a precursor to a business card, flyer, or brochure. Foremost it is a tool designed to allow the Level 2 student to experience first hand, and in print, their own unique attributes.

I will share other aspects of the "Establishing YOUR Unique Identity" questionnaire and the "Calling Card" in future articles. In fact, this survey and the "Calling Card" are a work in process. It is ever changing with each class, and as Cindy's brainchild, these tools will always maintain the purpose of allowing the student practitioner to explore and discover their unique identity.



Dog Water Spa

Kathy Glenney
Your Caring Canine Connection

Contact Charlie
of Synchronicity at:
charliecomstock@msn.com



Michelle Moran

"Michelle has a Calming way of putting dogs at ease..."

K-9 AQUAZONE
Canine Water Exercise
Canine Massage
Warm Water Swimming



The Splash !

Sink or Swim!

Rating Canine Water Toys

Brodie Fisher has been swimming with Cindy Horsfall of La Paw Spa since his CCL surgery in July 2003. He loves toys therefore, he will be testing a new canine water toy each quarter. In this issue, he will be reviewing the...

Wubba World Water Wubba

Measuring 4" X 17", the patented Water Wubba is a very unique dog toy. The top part is a tennis ball and the middle is a pliable rubber ball (no squeaker in the water version). The covering is neoprene (wet-suit material) with bindings under each ball ending in 4 "legs" like an octopus making it easy for another dog to grab for tug of war. The Water Wubba is designed to be easy to see and to dry fast. It excels at water and snow play and is available in a mix of lemon, lime and orange colors.

Brodie's Rating: When I first spotted this toy in the store, I had to have it. What a fun design. On my way to the cash register, the store owner's dog was chewing on a Water Wubba and it wasn't doing too well. A few holes after only a short while. So, I knew right away that this would not be a good chew toy. It took Brodie a little while to realize he could grab the legs rather than try and get the big ball in his mouth but once he got the hang of it, he really enjoyed it. It was bright enough for him to spot in the water and it didn't get real heavy during Brodie's swim session. From other online reviews, the non-water Wubba toys hold up better to chewing. Definitely a fun and original toy!



Brodie rates this toy...

SWIM!



*The Water Wubba is widely available online however, the best price I found online was \$8.68, not including shipping, at Dressler's Dog Supplies
www.dresslersdog.com
1-800-622-4669
Retail price is \$14.99*

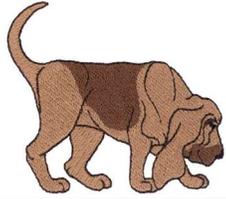
www.wubbaworld.com



Editor's Note: If you have tried out any of Brodie's Sink or Swim toys or have a new toy to rate, please send in your comments and/or pictures to me at newsletter@caninewatertherapy.com.

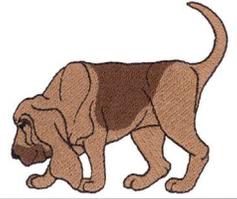


The Splash !



Sniff This!

~A Look at Products NEW to our Industry~



Belly Lift by Flying Paws

"Hind leg lift to assist your dog after surgery or injury"



Medium
Large

(9" w) 40-80 lb
(12" w) 80 lb +

**HEAVY DUTY REINFORCED HANDLES
TO PREVENT SLIPPING & BUNCHING**

SOFT QUILTED RIP STOP NYLON

MACHINE WASHABLE

**GREAT FOR VETERINARY STAFF
IN MOVEMENT OF LARGE ANIMALS**

HAIR RESISTANT FABRIC

GREAT FOR ASSISTING ELDERLY DOGS

WATER THERAPY TOOL

LIFETIME GUARANTEE

AVAILABLE IN TWO SIZES (MED. & LARGE)

"On July 21st of this year, my big dog Beau passed away. I would like to think that his legacy will be the creation of the Big Dog Belly Lift and the difference it has made in the lives of many dogs. In the past three years I have worked with many dog owners who were trying to improve the quality of their dogs lives whether it be for a short time (after surgery) or during the end of their dogs lives. The lift enabled the dogs to walk outside without pain or get in car again to go for a ride. I worked with a yellow lab that had lost one leg to cancer and injured the second leg while playing Frisbee. There was no keeping this dog down. We were able to give her the assistance she needed to recover from her injury and play Frisbee again. I was so blessed to have a dog like Beau and I know that the product we created assisted him in his last years. I hope that Flying Paws and the Big Dog Belly Lift will be able to help many more dogs in the future.

Sincerely, Tracy Thomas Owner - Flying Paws

RETAIL PRICE IS \$33.00. WHOLESALE PRICE OF \$20.50. QUANTITY DISCOUNTS AVAILABLE!

**TO ORDER, CALL 801-485-8118
OR EMAIL FLYINGPAWS@NETWORLD.COM**

WWW.FLYINGPAWS.BIZ

Waggin' Tails

Member News



*Photo at left:
Heidi (our Vice President)
and John Hague on their
wedding day (July 15)*



*Photo at right:
Carol Swindaman's
new tattoo of her dog
Trooper's paw print*



Tonita Fernandez of Pampered Paw Swim Spa shares the picture at right: "Here I am with Redden, a dog that swims with me. I do I Touch work with him and he relaxes so much in the water that he blows bubbles out of his rear end. I spend time finding and working with his breath as we float and breathe together. I use bands on his feet to bring about more body awareness. He just turns to jello!"



*Meet Luna
She is the moon and stars
for our President Cindy*



Waggin' Tails

Member News

Happy 2nd Anniversary to Heavenly Spa!



Teri Sahm of Heavenly Spa in Fall City, WA reported that they celebrated their second anniversary by holding an 'Ahi 'Aina on July 9th. It was a huge success! They had a 70lb pig that was procured from an Amish farm. Chef George Stafford and Assistant Chef Ray Gallagher carefully stuffed the pig with pineapple, oranges, sweet onion and Cornish game hens. The pig was then wrapped in banana leaves and wire and place in the Imu (a traditional underground pit oven) to cook for about 13 hours. The imu was located by the creek that runs across the far end of the property. The result was delicious, succulent pig that they shared with 125 of our dog loving friends. There was also a bonfire and a big buffet, which allowed everyone to feast on salmon, lomi-lomi, crab, shrimp, sausage, chicken, salads galore, fruit, and sunshine.

What is an 'Ahi 'Aina you ask? Before contact with the western world, Hawaiians called their important feasts an 'aha 'aina. The feast had spiritual significance; it was thought that they were sharing a meal with the gods. These feasts marked special occasions — such as reaching a significant life milestone, the launching of a new canoe or a great endeavor. Back then, men and women could not eat together, and certain foods such as pork, bananas, and coconut were forbidden to women. In 1819, King Kamehameha II abolished the kapu (taboo) system by partaking in a feast with women, thus severing the spiritual connection of the aha'aina. The term lu'au began to be used in the mid-1800s to refer to what was the aha'aina. It took its name from a dish made from young taro leaves and meat or seafood, baked in coconut milk.

SHARE YOUR NEWS AND PHOTOS!

Send to Sandy Fisher at editor@caninewatertherapy.com
or mail to P.O. Box 89, Redmond, WA 98073

Next Deadline for Newsletter Submissions: November 20th



The Splash !

ACWT Announcements!



ACWT Discussion Group on Yahoo!

ACWT Member Cindy Hickman has set-up an ACWT discussion group on Yahoo! This group has been formed to exchange information and techniques that relate to canine water therapy. You can post messages about water therapy, pool maintenance, difficult cases, and anything else related to canine water therapy that you would like information about!

Group membership is open to any member of the ACWT. New memberships do require approval, which will be done as quickly as possible.

Recent discussion topics include:

- ◆ Cement non-skid floors
- ◆ Ozone, chlorine and such
- ◆ Enclosing pools
- ◆ Selecting a pool or spa
- ◆ Pool toys

Join us today at
<http://groups.yahoo.com/group/caninewatertherapy/join>



ACWT Calendar!

ACWT Member Karen Theusen has volunteered to design a calendar for the ACWT. Each month, she will use a picture of a dog that has benefited from warm water therapy. You can download the monthly calendar page in pdf format by visiting the ACWT website (www.caninewatertherapy.com). The link is located on the left side of the home page.

Please submit your pictures for consideration to Karen by emailing her at dawghouse@caninewatertherapy.com



Order ACWT merchandise today!

Tank tops, t-shirts, dog shirts, mugs, beer steins, tiles, tote bags and much more! Prices starting at \$6.99.

Visit:

www.cafepress.com/acwt





The Splash !

Upcoming Training Opportunities

The Heart of Canine Water Therapy
Instructor: Cindy Horsfall, LMP, SAMP, CWP

Level 1 Training

November 11-16, 2006 ~ in WA State **(SOLD OUT)**
April 21-26, 2007 ~ in WA State **(ONLY 2 SPOTS LEFT)**
June 2-7, 2007 ~ in WA State
November 3-8, 2007 ~ in WA State

Level 2 Training

July 28-August3, 2007 ~ in WA State

Level 3 Training

September 22-28, 2007 ~ in WA State

Visit www.lapawspa.com for more information.

MEMBER DISCOUNTS!

Member Discounts!

FACILITY MEMBER DISCOUNTS

GET YOUR NEW POOL AT FLORIDA NORTH!!! This is a great pool... And Bob and Dick at Florida North are offering members at the POOL LEVEL a \$500.00 discount on their already reasonably priced SWIM SPA!!! WOW. Check out these products at www.floridanorth.com. Our friends Dan and Bob at Florida North are there to help you – just give them your ACWT POOL membership # and start preparing for your new pool or spa. Email or call them at 1-800-505-SWIM (7946).

GET ALL YOUR POOL SUPPLIES at a HUGE SAVINGS!!! Call our friends Phil Miller and Jim at Amerimerc and get a 15% discount on their already low, low prices on everything you need. These guys are dog lovers and they are so excited to help the ACWT and the world of water therapy for dogs. Check out their websites at: www.amerimerc.com. When you are ready to order – call Phil at 1-877-891-7665 with your ACWT Pool Membership # and start saving money today!!!

ALL LEVEL MEMBER DISCOUNTS

AN EXTENSIVE LINE OF FUN THINGS! Can be found at “All PETS GO TO HEAVEN” and they are offering every member of the ACWT a 10% discount! Thank you Teri (an ACWT Member)!!! Go to www.allpetsgotoheaven.com and enjoy shopping!!!

ALL LEVEL MEMBER DISCOUNTS

INNOVATIVE HEALTH ALTERNATIVES for the Water (and Air!) are now yours at www.ewater.com. Fred Van Liew has graciously offered discounts to ALL of our MEMBERS of up to 25% on his product line. We put an Etower in all of our pools and they are AMAZING!!! Upon receiving your MEMBERSHIP APPLICATION, we will send you the referral link that will get you our generous professional discount pricing.

FULL SERVICE BAKERY & UNIQUE RETAIL STORE! Happy Dog Healthy Dog (an ACWT Member) is offering a 10% discount to ACWT Members in their online retail store. Shop for wonderful bakery items, dog food, supplements, books, clothing for you and your dog, gift baskets of wonderful spa items and much more. Visit www.happydoghealthydog.com today!

ANIMAL WELLNESS MAGAZINE - 50% OFF A ONE YEAR SUBSCRIPTION!

Animal Wellness Magazine is the only magazine produced in North America devoted to natural & holistic health for animals. Each issue speaks to animal lovers everywhere on how to improve the quality of life of our animal companions as well as animals in the wild. Take advantage of this fantastic offer! Only \$9.95 for a one-year (6 issues) subscription. Go to www.animalwellnessmagazine.com/acwt to subscribe today!

DO YOU HAVE A SPECIAL EVENT PLANNED AT YOUR POOL? DO YOU KNOW OF A SPECIAL TRAINING OPPORTUNITY? WOULD YOU LIKE TO OFFER A MEMBER DISCOUNT? WOULD YOU LIKE YOUR POOL, SERVICES OR BUSINESS FEATURED? PLEASE LET US KNOW SO THAT WE CAN INCLUDE IT IN A FUTURE ISSUE OF THE SPLASH!



The Splash!

Member Directory

POOLS & TREADMILLS

All Dogs Pool & Spa (coming Fall 2006)
Owner: Megan L. Anderson LMP, SAMP
Business Phone: 360-659-4688
Location: Tulalip, WA
Email: alldogs1@verizon.net

Aqua Dog, Inc. (coming Fall 2006)
Owner: Pamela Tewes
Location: West Roxbury, MA
Email: ptewes@caninewatertherapy.com
Website: www.wellbalanceddog.com

Aquadog Spa
Owner: Cindy Hickman
Business Phone: 253-630-3340
Location: Kent, WA
Email: cindy@aquadogspa.com
Website: www.aquadogspa.com

Canine Fitness Center
Owner: Maury Chaput
Business Phone: 410-923-SWIM
Location: Crownsville, MD
Email: maury@caninefitnesscenter.com
Website: www.caninefitnesscenter.com

Cottage Spa
Owner: Rebeca Berni
Business Phone: 425-844-2834
Location: Woodinville, WA
Email: cottagespa@comcast.net
Website: www.cottagespa.com

Doggie Dome Swim Spa
Owner: Melody Horne
Business Phone: 603-859-7827
Location: New Durham, NH
Email: toot@worldpath.net
Website: www.worldpath.net/~toot

DogWater Spa
Owner: Kathy Glenney
Business Phone: 713-907-2321
Location: Houston, TX
Email: kglenney@caninewatertherapy.com
Website: www.dogwaterspa.com

Happy Dog Healthy Dog
Owner: Diane Mayer
Business Phone: 302-428-1918
Location: Wilmington, DE
Email: diane@happydoghealthydog.com
Website: www.happydoghealthydog.com

Happy Tails Resort & Spa
Owner: Beth Meyer
Business Phone: 253-939-3494
Location: Auburn, WA
Email: beth@happytailsresort.com
Website: www.happytailsresort.com

Healthy People Healthy Pets
Owner: Eva Gellert
Business Phone: 404-936-3940
Location: Atlanta, GA
Email: info@healthypeoplehealthypets.com
Website: www.healthypeoplehealthypets.com

Heavenly Spa
Owner: Teri Sahn
Business Phone: 425-222-7221
Location: Fall City, WA
Email: teri@allpetsgotoheaven.com
Website: www.allpetsgotoheaven.com

Hydro Hound
Owner: Michelena Rudman
Business Phone: 972-492-0302
Location: Carrollton, TX
Email: hydrohound@caninewatertherapy.com

K9 Aquatics, Inc. (coming Fall 2006)
Owner: Sandy Fisher & Doris Kopp
Location: Sammamish, WA
Email: info@k9aquatics.com
Website: www.k9aquatics.com

K9 Hydrotherapy Inc.
Owner: John Lambert
Business Phone: 952-922-9366
Location: St. Louis Park, MN
Email: info@k9hydrotherpayinc.com
Website: www.k9hydrotherapyinc.com

La Paw Spa
Owner: Cindy Horsfall
Business Phone: 425-222-WOOF (9663)
Location: Fall City, WA & Edmonds, WA
Email: cindy@lapawspa.com
Website: www.lapawspa.com

Liberty Hill Pet Resort
Owner: Mary Ann Robertson
Business Phone: 540-439-7297
Location: Bealeton, VA
Email: maryann@lhspaws.com
Website: www.lhpaws.com

Mega-Dogs!
Owner: Karen Hunter
Business Phone: 866-MEGA-DOG
Location: Woodinville, WA
Email: swim@mega-dogs.com
Website: www.mega-dogs.com

Paddling Paws
Owner: Terri Steely, R.N.
Location: Goose Creek, SC
Email: paddlingpaws@caninewatertherapy.com

Pampered Paw Swim Spa
Owner: Tonita Fernandez
Business Phone: 360-802-4986
Location: Enumclaw, WA
Email: tonita@pamperedpawswimspa.com
Website: www.pamperedpawswimspa.com

Paws To Swim
Owner: Deborah Logerfo
Business Phone: 804-749-4972
Location: Rockville, VA
Email: pawstoswim@verizon.net
Website: www.pawstoswim.com

Pawsitively Pooched, Ltd.
Owner: Carrie Smith & Brenda Williams
Business Phone: 403-241-5030
Location: Calgary, Alberta, Canada
Email: carries@caninewatertherapy.com & brendaw@caninewatertherapy.com
Website: www.pawsitivelypooched.com

Sit, Stay, Swim (coming in 2007)
Owner: Cherie Hogland
Business Phone: 804-749-4972
Location: Rockford, IL
Email: chogland@aol.com

SplashDog Spa
Owner: Melissa Barran
Business Phone: 206-546-5309
Location: Edmonds, WA
Email: topdog@splashdogspa.com
Website: www.splashdogspa.com

Sumner Veterinary Hospital
Owner: Kathy Sheeran
Business Phone: 253-863-2258
Location: Sumner, WA
Email: Dr.Sheeran@sumnervet.com
Website: www.sumnervet.com



The Splash!

Member Directory cont.

The Dawg House Swim Spa

(coming Fall 2006)

Owner: Karen Theusen

Business Phone: 360-380-2495

Location: Ferndale, WA

Email:

dawghouse@caninewatertherapy.com

The Dogs Aqua Therapy Ltd.

Owner: Melba Ayres

Business Phone: 780-443-3113

Location: Edmonton, Alberta, Canada

Email: melba@dogsaquatherapy.com

Website: www.dogsaquatherapy.com

The Total Dog Swim Spa

Owner: Alison White

Location: Aliso Viejo, CA

Email: aswhiteauthor@cox.net

**THERAPISTS,
CANINE SWIM SPECIALISTS &
STUDENTS OF THE WORK**

Megan L. Anderson LMP, SAMP

Company: All Dogs Pool & Spa

Business Phone: 360-659-4688

Location: Tulalip, WA

Email: alldogs1@verizon.net

Melba Ayres

Company: The Dogs Aqua Therapy Ltd.

Business Phone: 780-443-3113

Location: Edmonton, Alberta, Canada

Email: melba@dogsaquatherapy.com

Website: www.dogsaquatherapy.com

Rebeca Berni, LMP, SAMP

Company: Cottage Spa

Business Phone: 425-844-2834

Location: Woodinville, WA

Email: cottagespa@comcast.net

Website: www.cottage.com

Maury Chaput

Company: Canine Fitness Center

Business Phone: 410-923-SWIM

Location: Crownsville, MD

Email: maury@caninefitnesscenter.com

Website: www.caninefitnesscenter.com

Patricia Cool

Company: New facility coming soon

Location: Granite Falls, WA

Tonita Fernandez

Company: Pampered Paw Swim Spa

Business Phone: 360-802-4986

Location: Enumclaw, WA

Email: tonita@pamperedpawswimspa.com

Website:

www.pamperedpawswimspa.com

Eva Gellert

Company: Healthy People Healthy Pets

Business Phone: 770-457-4420

Location: Atlanta, GA

Email: thepetaway@yahoo.com

Website:

www.healthypeoplehealthypets.com

Kathy Glenney

Company: DogWater Spa

Business Phone: 713-907-2321

Location: Houston, TX

Email: kglenney@

caninewatertherapy.com

Website: www.dogwaterspa.com

Vonni Goetting

Business Phone: 360-863-0466

Location: Snohomish, WA

Email: mikeandvonni@earthlink.net

J Linn Black Henline, LMP, SAMP

Company: JLinn

Business Phone: 425-673-9573

Location: SplashDog Spa, WA

Email: jlinn@jlinn.net

Website: www.jlinn.net

Cindy Hickman, LMP, SAMP

Company: Aquadog Spa

Business Phone: 253-630-3340

Location: Kent, WA

Email: cindy@aquadogspa.com

Melody Horne

Company: Doggie Dome Swim Spa

Business Phone: 603-859-7827

Location: New Durham, NH

Email: toot@worldpath.net

Website: www.worldpath.net/~toot

Cindy Horsfall, LMP, SAMP, CWP

Company: La Paw Spa

Business Phone: 425-222-9663

Location: Fall City & Edmonds, WA

Email: cindy@lapawspa.com

Website: www.lapawspa.com

Cherie Hogland

Company: Sit, Stay, Swim

Business Phone: 804-749-4972

Location: Rockford, IL

Email: chogland@aol.com

John Lambert

Company: K9 Hydrotherapy Inc.

Business Phone: 952-922-9366

Location: St. Louis Park, MN

Email: info@k9hydrotherpayinc.com

Website: www.k9hydrotherapyinc.com

Debbie LaMonica, LMP, SAMP

Company: Andante Bodyworks

Business Phone: 425-231-0235

Location: SplashDog Spa, WA

Email: vivacewhippets@comcast.net

Barbara Lierson

Company: New facility coming soon

Location: Renton, WA

Deborah Logerfo

Company: Paws to Swim

Business Phone: 804-749-4972

Location: Rockville, VA

Email: pawstoswim@verizon.net

Website: www.pawstoswim.com

Diane Mayer

Company: Happy Dog Healthy Dog

Business Phone: 302-428-1918

Location: Wilmington, DE

Email: diane@happydoghealthydog.com

Website: www.happydoghealthydog.com

Beth M. Meyer

Company: Happy Tails Resort & Spa

Business Phone: 253-939-3494

Location: Auburn, WA

Email: beth@happytailsresort.com

Website: www.happytailsresort.com

Michelle Moran

Company: New facility coming soon

Location: Cedar Rapids, IA

Mary Ann Robertson

Company: Liberty Hill Pet Resort

Business Phone: 540-439-7297

Location: Bealeton, VA

Email: maryann@lhspaws.com

Website: www.lhpaws.com



The Splash!

Member Directory cont.

Michelina Rudman

Company: Hydro Hound
Business Phone: 972-492-0302
Location: Carrollton, TX
Email:
hydrohound@caninewatertherapy.com

Cassie Sawyer, LMP, SAMP

Business Phone: 206-935-3615
Location: Heavenly Spa, WA and Aquadog Spa, WA
Email: WeePawsMail@aol.com

Carrie Smith

Company: Pawsitively Pooched, Ltd.
Business Phone: 403-241-5030
Location: Calgary, Alberta, Canada
Email: carries@caninewatertherapy.com
Website: www.pawsitivelypooched.com

Terri Steely, R.N.

Company: Paddling Paws
Location: Goose Creek, SC
Email:
paddlingpaws@caninewatertherapy.com

Carol Swindaman, SAMP

Business Phone: 425-222-7221
Location: Heavenly Spa, WA
Email: spawcs@gte.net

Pamela Tewes

Company: Aqua Dog Inc.
Location: West Roxbury, MA
Email: ptewes@caninewatertherapy.com
Website: www.wellbalanceddog.com

Cathy Toner

Company: Happy Dog Healthy Dog
Business Phone: 302-428-1918
Location: Wilmington, DE
Website: www.happydoghealthydog.com

Linda Voelker, LMP, SAMP

Company: MerlinsMom.com
Business Phone: 425-844-2505
Location: Duvall, WA
Email: Linda@merlinsmom.com
Website: www.merlinsmom.com

Alison White

Company: The Total Dog Swim Spa
Location: Aliso Viejo, CA
Email: aswhiteauthor@cox.net

Brenda Williams

Company: Pawsitively Pooched, Ltd.
Business Phone: 403-241-5030
Location: Calgary, Alberta, Canada
Email: brendaw@caninewatertherapy.com
Website: www.pawsitivelypooched.com

SUPPORTING VETERINARIANS

Animal Healing Center

On Staff: Dr. Larry Siegler
Business Phone: 425-885-5400
Location: Redmond, WA
Website: www.animalhealingcenter.com

Mobile Veterinary Services

On Staff: Dr. Tina Ellenbogen
Business Phone: 425-485-7387 (PETS)
Location: Bothell, WA
Email: drtina@caninewatertherapy.com
Website: http://hometown.aol.com/drtinavet/myhomepage/profile.html

Puget Sound Animal Hospital for Surgery, P.S.

On Staff: Dr. Mark Engen & Dr. Byron Misseghers
Business Phone: 425-827-5686
Location: Kirkland, WA

Sumner Veterinary Hospital

On Staff: Dr. Kathy Sheeran
Business Phone: 253-863-2258
Location: Sumner, WA
Email: Dr.Sheeran@sumnervet.com
Website: www.sumnervet.com

SUPPORTING BUSINESSES

Dynamite Specialty Products

Owner: Mary DeFillippo
Business Phone: 425-290-2255
Location: Snohomish, WA
Email: maryfurhaven@earthlink.net
Website: www.dynamitemarketing.com

Gold Canyon Candle Distributor

Owner: Amy North
Location: USA
Email: anorth3@cox.net

Mystic Mountain Retreat

Owner: Cindy Hill
Business Phone: 360-794-6388
Location: Monroe, WA
Email: mysticmountainretreat@hotmail.com
Website:
www.mysticmountainretreat.com

Pension Design & Admin., Inc.

Owner: Doris Kopp
Business Phone: 425-868-1230
Location: Redmond, WA
Email: doris@pensiondesign.com
Website: www.pensiondesign.com

Puppy Manners Family Dog School

Owner: Becky Bishop
Business Phone: 425-482-1057
Location: Woodinville, WA
Email: becky@puppymanners.com
Website: www.puppymanners.com

Sam's Dog Hut

Owner: Sheila Palme
Business Phone: 715-262-4566
Location: Prescott, WI
Email: samsdoghut@centurytel.net
Website: www.samsdoghut.com

Synchronicity

Owner: Charlie Comstock
Business Phone: 360-461-3155
Location: can service anyone, anywhere
Email: charliecomstock@msn.com

The Lodge at Cardiff's

Owner: Susan Von Beck
Business Phone: 425-788-8449
Location: Duvall, WA
Email: Hunterdonfarms@aol.com
Website: www.lapawspa.com/thelodge

SUPPORTING FRIENDS

John & Heidi Hague, Lisa Van Horn & Dugan, Catherine Lisa VanCamp, Jean & John Horsfall, Gretchen & Gunther, Julie Hess & Annie, Sedalana Shepherds, Ann Schurman, Anita Gehring, and Kathe Roat



If you are a member (except for Facility Owners) and would like to receive a printed version of this newsletter, mail a check for \$25 (for four quarterly issues) to: ACWT, 325 E. Washington St., #237, Sequim, WA 98382