

The Official Newsletter of The Association of Canine Water Therapy

Dedicated to and Inspired by the Dogs in our Lives

Volume 2, Issue 2 Summer 2006

Inside this Issue:

minac min indec.	
Newly Redesigned ACWT Website is debuted to rave reviews!	1
President's Message	2
April 2006 Meeting Highlights	3
Supporting Business Spotlight Reading With Rover	7
TTouch: The Balance Lead	9
Veterinary Viewpoint Compassionate Comfort Care throughout the lifespan	10
Supporting Veterinarian Spotlight Dr. Tina Ellenbogen	11
Ask The Vet Column The Four C's	12
Book Review Separate Lifetimes	13
The Ones We Lose	13
Marketing Scents Maintaining a Visual Promotional Tool	14
Learn About Canine Structure and Gait Analysis A Reading and Viewing List	15
Sink or Swim Toy Ratings Whirl-Wheel Flying Disk	16
Sniff This! Products new to our industry	17
Waggin' Tails Canine Anatomy Quiz and Fun Canine Tidbits	18
Upcoming Training Opportunities	21
Member Discounts	21
Member Directory	22

A listing of all ACWT Members

Newly Redesigned ACWT Website is debuted to rave reviews!



The new ACWT website debuted last month and has been getting rave reviews! It was important in the re-design to draw attention to the Member Directories. Therefore, you will notice this button at the top of each page which will take visitors directly to the part of the website where they can locate a Pool or Provider in their area.

Another one of the key goals to the re-design of the website was to be highly visible in the search engines. I googled someone's name the other day and right at the TOP of the results page was their directory listing on our ACWT Website! WOW! So I did it again and googled someone else's name and POOF! There it was again! I am so excited!!! Our state of the art new website is really at the **TOP OF THE CHARTS** in just one year!!! It has become the place to find pools, practitioners, supporting businesses and veterinarians.

You will notice that our Members Only section is now accessed by your user name and member # which is printed on your laminated membership card. This is also your identification to get into the Forums. Our newsletters will now be viewed by members only. Keep your eye out for some very exciting new gifts and discounts for members only as well!

We now have a fun framework with an easy menu system where we can add content, testimonies, stories, pictures, articles and news so that we can also be the premier educational site for this exciting and growing field of canine water therapy.

Thanks to David Bletz for setting up the framework and a HUGE thanks to Sandy Fisher for transferring all the content and adding pictures and artistic flare. Our new site is fun, easily navigated and easily expandable as it continues to grow each month as we do.

I am so excited to be a part of such a dynamic and exciting membership and our new Web Design brings it all together!

Cindy

Please email Sandy Fisher at newsletter@caninewatertherapy.com with any stories, testimonials, case studies, informational tidbits, pictures, recipes or anything else you would like to share!



President's Message



After 14 years of devotion to each other, Ava passed away naturally and peacefully in my arms on April 18, 2006.

Ava was and always will be the inspiration for my committment not only to canine water therapy, but also to the beauty in living with disabilities, the ease of living with incontinence, the blessings and gifts hidden in hardship and the thankfulness in all that life has to offer.

Thank you for all being a part of her gifts on earth.

Cindy

OFFICERS AND COMMITTEES

PresidentCindy Horsfall

Vice President
Heidi Hildebrand

Secretary Sandy Fisher

Treasurer Cindy Horsfall

Newsletter Editor
Sandy Fisher

Ethics Committee
Lisa Van Horn

Website Links Committee
Anita Ghering

Forums
John Hague

Social Events & Meetings (Place)
Teri Sahm
Melissa Barran

Social Events & Meetings (Event)
Cindy Hickman
Cassie Sawyer



The Association of Canine Water Therapy

325 E. Washington Street ~ #237 Sequim, WA 98382 www.caninewatertherapy.com



Dedicated to and Inspired by the Dogs in our lives!

Mission Statement:

The Association of Canine Water Therapy is dedicated to advancing the safe practices of canine water therapy through education, establishing industry standards and building a network of support.

Vision Statement:

To be an Association that inspires us all to come together as a profession, to build standards for our work and to bring opportunities to further our skills.

Photo by Nancy Levine ~ www.browneyesgallery



April 2006 Meeting Highlights

Association of
Canine Water Therapy
Quarterly Meeting
held April 24, 2006
at Heavenly Spa in Fall City, WA

Members in Attendance: Sandy Fisher, Doris Kopp, Teri Sahm with Leo and Mrs. Honey, Heidi Hildebrand, John Hague, Linda Voelker, Karen Hunter, Beth Meyer, Tonita Fernandez, Karen Theusen, Becky Bishop, Cindy Hickman, and Cindy Hill.



Social hour took place from 5:00 to 6:15 pm. Thanks again to Teri Sahm of Heavenly Spa for hosting our meeting and providing the wonderful array of delicious gourmet foods and beverages.



The meeting was called to order by Sandy Fisher, ACWT Secretary. Sandy announced that Cindy Horsfall, President, couldn't join the meeting tonight as she recently lost her girl, Ava. Cindy sends her apologies for not being here.

THE ACWT IN 2006

The ACWT has had a fantastic first year. A big thanks for everyone's support and involvement. We are looking forward to a terrific second year. Our plans for 2006 include:

- * Finalizing the non-profit status of our association and possibly getting 501(c)3 status as well. What we need to consider is that if we elect a 501(c)3, then we will not be able to influence the laws and must be an educational Association only. More discussion will therefore need to follow after we have finalized our non-profit status.
- * Preparing more advertising and press releases in order to drive more people to our website. The directories are already being used by some of the canine orthopedic discussion groups and a number of our members have received inquiries and new clients through the directories. So, we are becoming known as the place to go to find canine water therapy resources.
- * Looking into insurance options for our members.
- * Looking into more member discounts.
- * Looking into the laws for animals in the US and Canada. Bringing about more awareness and standards will be a goal for this association. The ultimate goal is

- to help inspire some final rules and licensing in this evolving world of canine water therapy.
- * Looking into a way to videotape the educational topics so they can be in our website for our out-of-area members to be able to view. If anyone knows about this process or someone who is an expert in this field, please let us know.
- * Going live with our new website. It will have a great new look and will be optimized for search engines. We also would like to build up the website with more information for visitors to gain a better understanding of canine water therapy. A discussion of the website will occur later in the meeting

NEW MEMBERS

We have had 9 new members since January. These include Facility Owner members:

- * John Lambert of K9 Hydrotherapy in Minnesota
- * Karen Hunter of Mega-Dogs in Woodinville, WA
- * Dr. Kathy Sheeran of Sumner Vet
- Melba Ayres of The Dogs Aqua Therapy Ltd. in Edmonton Alberta

Other new members include:

- * Therapist Cassie Sawyer
- * Supporting Veterinarian Dr. Tina Ellenbogen of Mobile Veterinary Services. She will be a contributing writer for The Splash. Her topics will include stories of inspiration, death, dying, hospice and life.
- Supporting Business Amy North who is a Gold Canyon Candle Distributor. When Amy was

(Continued on page 4)



April 2006 Meeting Highlights cont.

(Continued from page 3)

contacted about Cindy and Ava, Amy UPS'd some candles to Sandy in order to use them in the candle lighting ceremony. Amy's candles are Cindy's favorites. Thank you so much Amy. The candles are wonderful so anyone that would like to place an order, please contact Amy.

* Supporting Friends Heidi Hildebrand and John Hague.



Heidi has jumped into her role as Vice President and has done a lot of work with memberships and customer relations. John is taking on the Forums on the website. We are hoping to get the Forums active this year. Thanks to both of you!

CURRENT MEMBER NEWS

Karen Theusen, one of our pool members, came down from Belling-

ham. Karen shared more information on her new pool, The Dawg House. It is scheduled to open in a few months. Karen is converting a barn on her property with her usual artistic flair. She asked that anyone that knows of therapists that would be interested in providing their services in the Bellingham area to contact her.

HappyDogHealthyDog.com has provided a 10% member discount in their online store. They have the best organic baked goodies for your pups along with some other fantastic items. Be sure to visit their website and support them.

Also, a reminder that Teri of Heavenly Spa also provides a 10% discount at her online store.

MEETING NEWS

Thanks to Beth Meyer, Tonita Fernadez and Becky Bishop for organizing and holding the Training Discussion Panel we will have tonight.

We would like to thank Cindy Hickman and Cassie Sawyer for volunteering to coordinate the meeting events in the future. For July, they have invited a local veterinarian to come and discuss First Aid practices in the water. This won't be a basic pet first aid class, so if you

would like to have a little experience beforehand, Teri is hosting a Pet First Aid class on May 13th. Also, the Red Cross is holding a class on Sunday, May 14th and Sunday, June 25th in Seattle. The classes are 4 hours long and cost \$38. If you have any ideas for topics or questions you would like to see addressed at the July event, please let Cindy or Cassie know. The meeting will be on Monday, July 17th here at Heavenly Spa. We will make this a pot-luck, bbq event so bring a dish to share with everyone.

WEBSITE

Some samples of the new website and a site-map, which lists the main areas of the new website as well as the pages we have planned for each section, was handed out to members. A short discussion of the new website was held. Sandy Fisher and David Bletz have volunteered to redesign the current website and Sandy has volunteered to maintain the new website. In addition, John Hague has taken on the Member Forums and will work on getting more interest in the forums generated. We are hoping that the new website will go live in the next month or so. It is a huge project and a call for help from our membership was put out. We asked that members please help us with articles, photos, stories and other

(Continued on page 5)

Disclaimer

This newsletter and its contents are owned by The Association of Canine Water Therapy (ACWT) - unless otherwise noted. NOTHING from this newsletter may be used without our written permission. We have taken great measures to ensure the accuracy of the information contained, however, articles, links, photos, recipes, forum postings and text contained are intended to be informational only and do not constitute endorsements, training guidance, examples or instructions. The presence of members in our directories represents only that these companies, organizations, institutions, or individuals are members in good standing of the ACWT. ACWT does not endorse these members and makes no representations, warranties or guarantees as to, and assumes no responsibility for, the products or services provided by these members. ACWT expressly disclaims all liability for damages of any kind arising out of the use or performance of the products or services provided by these members. Nothing in our website or this newsletter is intended to replace diagnosis or treatment from a veterinarian or other licensed professional. The ACWT does not assume any legal responsibility. Readers should always consult their veterinarian for specific diagnosis and treatment.



April 2006 Meeting Highlights cont.

(Continued from page 4)

contributions. These contributions may also be used in the newsletter as well. We are so excited about the website becoming a fun and informative place to go for our members and other visitors.

Due to limited time, we could not hold the discussion of FAQ's (Frequently Asked Questions) ideas. The concept is to create a page of FAQ's that people that are interested in warm water therapy for their dogs would ask. We would also provide the answers. So, if you have any suggestions for some FAQ's that could be included on the website, please send them to Sandy Fisher at: newsletter@caninewatertherapy.com.

RAFFLE PRIZES

Karen Hunter won the Doggie Swimwear wrap (provided by Sam's Dog Hut, a Supporting Business member) and Karen Theusen won the Zanies LifeRing dog toy.

CANDLE LIGHTING CERE-MONY

A candle lighting ceremony was performed by Sandy and Teri to honor Cindy's dog, Ava.



The candle from Amy was lit and Teri reminded evervone that Ava the was guiding light to Cindy's devotion to the field of canine warm water therapy. If not for Ava, none of us would

be together as a group. Thank you to Tonita for bringing the Shepherd statue. It was a beautiful moment.

DISCUSSION PANEL

Becky Bishop and her dog, Harry, presented a video on the Reading



BECKY AND HARRY PRESENT
A VIDEO ON THE READING WITH
ROVER PROGRAM

With Rover program that she founded. Reading With Rover is a community-based literacy program volunteering in the schools, bookstores and libraries of Puget Sound area of Washington State. In the "Rover" program, children with reading difficulties actually read stories to a dog and the dog loves to listen! A child that may be hesitant to read aloud to his peers is typically less stressed when reading to a dog

and the dog never judges the child's reading ability.

Becky thought that this program might be of interest to our clients who had older dogs that weren't as able to participate in athletic endeavors but still would like "a job". Dogs must be Delta Society certified. A real need is



out there for this program and it is a rewarding experience for all involved. For more information, go to www.readingwithrover.org.

Tonita Fernandez presented some



BETH MEYER AND CINDY HICKMAN

Ttouch wraps and other techniques that can help calm dogs prior to and during a warm water session. Beth Meyer spoke on "Intention". Being sure to let the dog know you are there to help them. Taking watsu, yoga,

(Continued on page 6)



April 2006 Meeting Highlights cont.

(Continued from page 5)

breathing and grounding classes to learn to be "in the now" can also be beneficial. And finally, reminding everyone that during a session, you are there as much for the owners as for the dog. Strive to embrace the bigger picture - honoring the connection, commitment and love in each relationship.

RAFFLE PRIZES

Heidi Hildebrand won the Pooch

Tube dog toy and Beth Meyer won the gift bowl with an Air Dog Squeaker tennis ball, dog chews and Nuzzle pet massage tool.

Meeting was adjourned at 9:00 pm.

THE ASSOCIATION OF CANINE WATER THERAPY

Invites you to

+ PET FIRST AID + FOR DOGS IN THE WATER

Held in conjunction with our Summer Meeting

MONDAY, JULY 17, 2006 ~ 5:00 PM AT HEAVENLY SPA IN FALL CITY, WA

(for directions to Heavenly Spa, go to www.allpetsgotoheaven.com or call Teri at 425-222-7221)

Featuring:

LISA DZYBAN, DVM, DACVIM

Topics to include:

- staking pulses and monitoring other body functions
- ⇒ signs of over-heating and over-exertion
- ⇒ choking
- ⇒ mega-esophagus and implications in water
- ⇒ heart issues in water
- ⇒ contraindications in water

If you have ideas for more topics, please send them to education@caninewatertherapy.com

About Our Speaker:

Dr. Lisa Dzyban is a veterinarian boarded in Internal Medicine. This means that after completing her DVM degree in 1990, she received an additional four years of training in the specialty of internal medicine and then completed the publication and exam requirements needed for becoming a specialist in this discipline. As an internist, she focused her attention on treating cancer, kidney failure, endocrine and gastrointestinal disorders. Dr. Dzyban has published articles on urinary, heart and brain disorders. She lectures frequently to veterinarians, students and the lay public on many topics, including Pet First Aid / CPR for the American Red Cross and Nutrition for Hill's Science Diet Veterinary Technician Program.

When not consulting in veterinary medicine, Dr. Dzyban enjoys gardening, yoga and playing with the menagerie (3 cats, 2 Labs) living with her and her husband in Bellingham, Washington.

Agenda:

5:00 to 6:30 pm ~ Potluck Dinner Please bring a dish to share (main course, side dish, salad, appetizer or dessert) 6:30 to 8:00 pm ~ Pet First Aid for Dogs in the Water

You can join us and become a Supporting Friend for S30 and participate in this event and <u>ALL</u> events during your membership!

Also, enjoy the many other benefits of membership!

Guests will be allowed to participate in this event only for a \$10 fee.

Visit www.caninewatertherapy.com for an application or join the night of the event!





The New Literacy Companion for Children



by ACWT Supporting Business Member Becky Bishop (with Annemarie Kaighin) of Puppy Manners in Woodinville, WA

Something is happening in Mrs. Leahy's reading lab at Woodmoor Elementary School in Bothell. It's new, it's unique, it's pretty amazing and it's working. It's also happening in Borders Bookstore at Redmond Town Center, Barnes and Noble in Lynwood and there is not a bookstore in town that does not want this special reading experience.



But let's hear it first hand from the children that participate in this literacy program.

"I feel safer when they are here."

"They don't get frustrated with me and say, "You know that word."

"They don't make fun of me when I mess up."

"They make me feel calm when I get stuck on a word."

"They make me

feel calm when

I get stuck on a word"

"If I'm stuck on a word, I just have to look at her and touch her and the word sometimes just pops into my head!"

"They don't judge me and sigh when I'm not getting the words."

"He understands me."

"I love him as much as I love my mom!"

So what is it? Is it a new computer program from Microsoft, an interactive robot or computer, or maybe it's a stuffed animal that can communicate? No, it's much simpler and many people have one right in their own home or can easily obtain one. Some are free, some are expensive, they come in all shapes, sizes and colors and they are available to anyone anywhere. Oh yes, and to make it work effectively there are two parts. By now you either figured it out and are jumping up and down because you have one lying there on your living room floor right now or, you

are so intrigued that when you discover what it is you will go out and get one! So, if you haven't guessed by now, it's your average canine companion, THE DOG. Not a super hero, not a service dog, not an A+

student in obedience dog, he need not be of pure bred stock nor does he need to be trained to the status of Lassie.

So now you know what "it" is but does it have

a name? Haven't you heard, it's called Reading With Rover and it's a community volunteer program where good people with great dogs volunteer their time by allowing children to read aloud to their dog. Yes, you read this right, **read aloud to a dog.** So now you know what both parts are, dogs and their human partners listening to kids read aloud.

Reading With Rover began in 2001 and was co-founded by Executive Director Becky Bishop (shown below with Magic). Bishop is a dog trainer for Puppy Manners in Woodinville and is owned by her 2 dogs Moose and Zoom, both registered Pet



(Continued on page 8)



The New Literacy Companion for Children cont.

Reading With Rover

(Continued from page 7)

Partners with Delta Society. This canine literacy program really is a unique approach to a classic concept: reading to a dog. Bishop says "It's important to remember that volunteers come in all shapes and sizes, and it just so happens our



volunteers have four legs!"

In the short time that Reading With Rover has been helping children read someone else was also watching them. Seattle's Reading With Rover was just featured this summer (2005) on Animal Planet's Jane Goodall special "When Animals Talk." Before that Reading With Rover was featured on CNN and almost every local news station has interviewed and promoted these wonderful reading dogs and their service to the community. The dogs also offer the

very popular
"Pawtographs" to
children that read
aloud to the Reading
Rovers. The dogs
actually take their paw
(with the assistance of
the human partner) and
"Pawtograph" the

kid's books or special pawtograph cards provided by Reading With Rover. This Seattle based program has big dreams. In the short time since becoming a local non-profit Reading With Rover was granted over 300 new children's books. These books will be delivered to local children of low income families. Bishop states, "It's important for the community to understand that one of the main reasons that kids can't or don't read is because of the lack of appropriate reading material in the home". Of course, these books will come to the children by "special delivery" of some special furry volunteers which makes getting the books all the more meaningful. Children are not the only ones to benefit from money being raised. They are also helping dogs by offering shelter or rescue dogs with reading dog potential the chance of achieving the dream of lying around while a child reads to them and pets them. "It's a great way for an older dog to spend his twilight years and it's a great goal to set for a vounger dog." Reading With Rover hopes to provide scholarship education funding for dogs that have the potential but just need the right owner to adopt them.

By identifying dogs that have the possibility to become volunteers, Reading With Rover hopes to make

"It's a great way for an older dog to spend his twilight years and it's a great goal to set for a younger dog." these dogs more adoptable. Bishop is hoping that if the word gets out about Reading With Rover to enough shelters that the shelters will help spread the word about this program.

If you would like to participate, volunteer for Reading With Rover or make a donation, please go to: www.readingwithrover.org.
Questions? Email: info@readingwithrover.org

Reading With Rover Events:Bark In The Park

Wed, July 19, 2006 www.aquasox.com

It's Bark In The Park at the Everett Aqua Sox Stadium. Come support Reading With Rover and bring your dog to the ball park! Make it a family affair and that includes the dog. Come watch the game, and please come early and visit all the canine related booths. Free baseballs for the first 1,000 visitors! Please bring your family, your dog and invite your friends. Nothing like a day at the ball park, especially when it's with your dog. Gates open at 6:05 PM.

Canine Classic Sat, September 16, 2006

(Humane Society 3K Walk, Reading With Rover and Canine Idol events)

www.canineclassic.com

This is the Biggie! Come support or be a part of this event. Reading With Rover is the benefactor of this event. Help kids discover the joy of reading by supporting this wonderful program. This is a fun-filled back-to-school event celebrating kids an reading.

ATM.

The Splash!

TTouch: The Balance Lead

by Tonita Fernandez of Pampered Paw Swim Spa

The TTouch training method is a gentle and positive approach to influencing behavior, health and performance. At Pampered Paw Swim Spa LLC in Enumclaw, WA, TTouch methods are incorporated into every canine assisted swim session. It has been used extensively to speed healing and recovery from injury and illness for many years in the veterinary world and beyond. It is a way to offer the canine client options so that the dog can learn to respond in a positive way both emotionally and physically to his world rather than react negatively because of it. By offering TTouch during swim sessions it becomes an invitation for improved health and wellness.

In our industry there are numerous opportunities to observe the exuberant dog that pulls his guardian through the door towards the pool or spa in anticipation of the swim session. While this may be interpreted as a happy dog that is eager to swim, what just happened to the dogs body as he was pulling on that collar may be adding insult to injury. Recent studies show that sixty three percent of dogs have neck, spinal cord, skeletal, and esophagus injuries that are caused by the use of traditional leashes and collars. Many of the dogs that are brought to us to swim are already dealing with physical issues, and guardians who are not aware may be contributing to the dog's condition by the way they handle the dog on the leash.

I am saddened when I see a dog that

has just finished a wonderful warm water session, exit the pool or swim spa, only to have a pinch collar or choke chain slipped back around his neck. Or a flat collar and leash that he pulls his people out the door on, as he makes his way to the car. I believe that this diminishes the benefits of the swim session in a huge way. The good news is that there are alternatives. With this in mind I teach the guardians new ways to handle their dog on a lead that invites balancing, and repositioning of body weight. I show them options to use with their dogs that are effective and give the dog the opportunity to move about in ways that don't cause damage to the neck and spine. The TTouch method presents many alternatives to what we use in the way of collars and leads. The goal is to use a leash, collar, head harness or step in harness in a way in which the dog can receive more information. This in turn brings about more body awareness and an opportunity to shift weight, and stand in balance, and release old patterns of injury, tension and stress that are often seen in gait irregularities.

Depending on the dog, and circumstances I may teach the dog guardian how to use a step-in harness in combination with a head halter such as a halti or snoot loop. Another technique would be to use a flat collar in combination with a harness. Two points of contact on a dog offer more body awareness, as well as physical rebalancing. I incorporate different exercises into each customized swim session.

There is a method we use in TTouch that is called the balance lead. This is

a way to slow a dog down and allow them to reposition themselves to better distribute their body weight evenly over all limbs. This is a technique that is very beneficial to dogs in any situation that calls for them to stand or walk in a more balanced position.

Now that you know how pulling on a leash may diminish the positive effects of a swim session and may lead to compounded injury I will



describe a way that you can help your canine clients walk with out pulling. This exercise is called The Balance Leash. By using a balance leash a dog's center of gravity is shifted back into place. As this happens the dogs body comes into balance. As he learns not to pull he can go back to the usual way he wears his leash and collar.

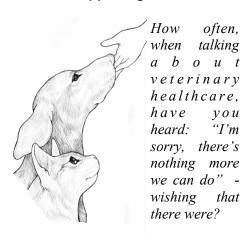
The leash should be 6ft in length. Attach as usual, and drop it around the dog's chest. Hold the leash attached to the collar with one hand and the other end of the leash with the other hand .To slow or stop your dog from pulling, use very quick pulls and releases. Make sure you release. This

(Continued on page 13)



Veterinary Viewpoint: Compassionate Comfort Care throughout the lifespan

By Dr. Tina Ellenbogen ACWT Supporting Veterinarian



There is always something more we can do – palliative care, symptom management, and/or hospice care address comfort, well-being and quality of life when the focus of care shifts from cure to comfort. This model of care is not only for aging pets, those with geriatric or debilitating disabilities, or those diagnosed with a life-limiting terminal illness; it is applicable to so many of the patients we see. Whether these patients are younger animals with congenital, developmental, genetic, or injury-related challenges, patients facing or convalescing from surgeries, those needing a gentle form of exercise, rehabilitation or pain management for health maintenance, whether short or long-term - all patients may benefit. Certain care-giving situations require devoted, dedicated time, energy, and love. When the hospice model of care is indeed relative to quality-of-life or end-of-life concerns, hospice provides a multi-disciplinary approach addressing all aspects important to

both the patient and family.

The hospice model's approach considers all the following in creating each individual "plan of care": medical, nursing, psychological, and spiritual aspects of care and care-giving. Hospice offers education for the family with respect not only to the medical condition, but also to community resources which augment care and facilitate important family decisions. Because we often are making decisions on behalf of our animal companions, having reliable access to full and good information is paramount, as is having support, respite and the ability and opportunity to advocate and be a voice for those

in our care. Hospice care takes it's cues from the patient, with the patient defining the family and who they wish involved in their care. During bereavement, support and resources are

provided for a full year after a death.

I believe this model works across the lifespan for veterinary as well as human medicine, for wellness, preventive care and basic training as well as existing medical conditions. In wellness and medical situations, it might be consulting with your primary care doctor (your pet's personal physician) to create and oversee an individualized plan of care. This expanded care team may include specialists, specialty practices (such as home visits or alternative therapies), and allied health care professionals such as ACWT

members. In a preventive care setting, it might present as training, or introductions to certain experiences before the need arises — such as teaching dogs to respond to hand signals, to become familiar and comfortable with ramps and steps — or even to be comfortable in water!

Wouldn't it be wonderful if this model of care became the standard for all medical care – both veterinary and human? It would add new dimensions and strength to a partnership of trust between patient and primary care physician, with your doctor being the link to other new, alternative and/or non-traditional treatment modalities to enhance and optimize healing

options. Patient/
family education
would include
resources such as
home health care and
rehabilitation
products, information
about where to turn,
and detailed

knowledge about what to expect over time with each specific medical condition.

Collaboration with specialists would be enhanced, and patients and caregivers would have what's needed to make informed decisions with which they are comfortable.

Interestingly, the word "doctor" comes from the latin – to teach. Recent human medical studies have shown that the single most important factor in successful management of long-term, painful, conditions is (Continued on page 11)

"Interestingly, the word "doctor" comes from the latin – to teach."



Compassionate Comfort Care throughout the lifespan

(Continued from page 10)

patient awareness and active involvement in their own treatment. The second is education and knowledge about their condition. Herein lies the "art" of medicine — involvement and communication with your doctor about the logistical, educational, emotional, and spiritual aspects of care and caregiving so that both patient and caregivers benefit.

As one of the healing professions, medicine encompasses both art and science. Both are necessary for a holistic approach to healthcare and healing, and yet with advancing medical technologies, "high-tech" often trumps "high-touch". We need both to ensure our animal companions receive the best care appropriate to each unique situation and family; we need to be their voice.

As our animal companions continue to share our lives ever more closely, often living longer and with multiple health challenges, their good quality of life depends on our knowledge and involvement in their care. Partnership with a veterinary professional you can trust and work with will enhance your companion's healthcare.

conventional, alternative and allied healthcare professionals (such as ACWT) will make this happen!

Dr. Tina Ellenbogen Mobile Veterinary Services Animal HomeCare & Hospice

> P.O. Box 1744 Bothell, WA 98041

425-485-7387 (485-PETS) 425-486-0848 (Fax)

DrTinaVet@aol.com

http://hometown.aol.com/drtinavet/ myhomepage/profile.html

Quality - Convenience - Compassion

About Dr. Tina Ellenbogen



Dr. Tina Ellenbogen graduated from the University of California at Davis in 1979, serving as an associate in mixed practice, urban emergency and small animal practices, and as Information Services Director for the Delta Society (the premier Human-Animal Bond Information organization).

She has operated her exclusively housecall and consulting practice, Mobile Veterinary Services Animal HomeCare & Hospice, since July 1987. In January of 2000, she spent a month at her alma mater after being selected for a practitioner fellowship focusing on Internal Medicine, and working with the Pet Loss Hotline. She attended special pet loss counseling and training at Colorado State University's Veterinary School in September of 1997 and began volunteering with Evergreen Hospice in Kirkland WA in January of 1998. She has conducted a monthly well-pet clinic with the

Northshore Senior Center in Bothell since May 1988. With the help of a social worker, Dr. Tina developed a public education course for local community colleges. An on-line version is available to Washington veterinarians for CE credit.

In 1999, Dr. Tina inaugurated "Pets, Poetry and Pawprints" – an annual community event celebrating and honoring pets. Dr. Tina's career interest in the human-animal bond enhances her holistic approach to veterinary medicine. She enjoys helping clients seek personalized solutions to veterinary challenges, community education, and consulting with colleagues.

"We who choose to surround ourselves with lives even more temporary than our own live within a fragile circle, easily and often breached. Unable to accept its awful gaps, we still would live no other way. We cherish memory as the only certain immortality, never fully understanding the necessary plan."

From The Once Again Prince in Separate Lifetimes by Irving Townsend



Ask The Vet: The Four "C's"

Caring,
Caregiving
"Companioning"
Contingency Plans

By Dr. Tina Ellenbogen ACWT Supporting Veterinarian



I have been searching for the right subject for this inaugural veterinary column for the ACWT. Cindy Horsfall tells me there is so much to say and share, and so many broad perspectives. I hope to bring some of them to this column in the future, and to address some of your concerns in upcoming "Ask the Vet" columns.

Where to start? A little about me.... I have been practicing veterinary medicine for 27 years come June, with 19 of those being exclusively



Dr. Tina and Lillie at Heavenly Spa

housecall practice. I was the only housecall practice for quite a while, and I am happy to have colleagues now!

I served as Information Services

Director for the Delta Society from 1986-1991 and helped develop the Pet Partners program for animal-assisted therapy.

I have learned much from Lillie, my 14 year old yellow lab whom Cindy has been helping in the spa. I have learned much from Toy, my previous



Dr. Tina and Lillie at Heavenly Spa

mostly shepherd, whom I acquired in veterinary school. Both have been instrumental in bringing me to my philosophy of care, to my appreciation of alternative therapies, to my spiritual view of animals in our lives, to my awe of the human-animal bond, and to my ability and desire to be a caregiver and to help others who are "companioning" those we care for on their journeys.

During these years of home visits, office visits, classroom settings, and telephone consultations I have evolved an ever-increasing appreciation for being able to get to know people and their animals in their own environs – where one can more fully appreciate and assess the situation, even thought not all medical

information can be gathered at home. When I began volunteering with (human) hospice, I realized what a terrific model the hospice model of care is - for all of medicine. It is a multidisciplinary model with the team creating a Plan of Care addressing the medical, psycho-social, spiritual, and community support aspects of the each unique situation. The team takes it cues from the patient. While hospice works with those diagnosed with a condition which will probably be life-limiting for the patient, there is also the related specialty of Palliative Care Both focus on comfort

The key points I've learned and hope to expand on more in future columns:

- Spirituality, beliefs and values are as much a part of choices owners make as are the medical treatment options.
- 2. #1 is rarely discussed in a clinical exam setting.
- 3. Details are important as they often change frequently and they are of paramount importance in knowing what to expect with any medical situation.
- 4. Collaboration with colleagues is important.
- Follow-up and ongoing communication is always important
- Not everyone wishes to be, or can be, a caregiver. This is where we can help and build a network for support.

Ask The Vet

Send in your questions or ideas for topics for future issues to Dr. Tina at:

drtina@caninewatertherapy.com

A Th

The Splash!

Book Review

Separate Lifetimes

by Irving Townsend

This is a fabulous collection of essays on living with animals – he wrote about his own animals long before the human-animal bond had a name. This collection was written in the mid-60's; I believe it's out of print now, and he has passed away but his daughter still has the publishing company and has other animal-related books. When I first read this book and the stories about dogs, cats and horses I thought "this is why we live with animals". The quotation on page 11 is from a story about a rescued horse who lived out his retirement days with the Townsends. One of my other favorites is The Fourth Cat – about all he learned about life and love- caregiving for her as she lived out her life, with his intimate help, declining from chronic renal failure. (*Review written by Dr. Tina Ellenbogen*)

The Ones We Lose

By J Linn Black Henline, LMP, SAMP, Reiki MT

There are the obvious ones; the phone call that he won't be coming back, he has passed on. Sometimes there is a knowing, maybe signs that you, as a therapist saw. Maybe the guardian did too. You may have talked about it, or not. Never the less, it still leaves a void.

More times than I would like there has been a loss of communication. They come regularly and then they come no more. We call, drop a note in the mail, but don't hear back. The last time they were in something wasn't quite right but you couldn't put your finger on it. You wonder.

The old and infirm come in for weakness, pain, disability. Emotions should be out of the equation. I'm a healthcare provider. Not true. Can't do it. The joy from meeting them, seeing their pain subside for awhile, watching them realize they are doing something, gaining freedom maybe, confidence, who knows. I feel happy for them. I feel proud as they learn the ropes. I get excited when they swim on their own or want to get in the pool.

But then, I have to step back. My next client is here. My time is done with them for today. I can only hope I will see them again.



J Linn Black Henline, LMP, SAMP, Reiki MT

316 Main Street, Suite D Edmonds, WA 98020 425-673-9573 jlinn@jlinn.net www.jlinn.net

Provider of canine water therapy at SplashDog Spa, Edmonds, WA

TTouch: The Balance Lead cont.

(Continued from page 9)

helps your dog to rebalance his weight and body. Make sure the leash end attached to the flat collar is loose. If a dog spins he may step out of the balance leash, at this time you may reposition it. Walk as normal with a balance lead.

Tonita teaches those who are opening canine swim centers, as well as old timers in the industry how to incorporate the TTouch Method into their businesses. If you are interested in small group classes or individual training opportunities, email or call today for reservations and schedules.

Pampered Paw Swim Spa

Tonita Fernandez
P.O. Box 1286
Enumclaw, WA 98022
Phone: 360-802-4986
tonita@pamperedpawswimspa.com
www.pamperedpawswimspa.com

A Th

The Splash!

Marketing Scents

Maintaining A Visual Promotional Tool

by Charlie Comstock of Synchronicity

We are quite the visually oriented species. We make many critical decisions during the day based upon visual input. Sometimes the visual stimulus is dramatic, such as a frown on a child's face. Sometimes it can be subtle as in sensing the expressions of a stranger's glance.

It should be no surprise that we make our purchasing decisions based upon what we see and how we feel about what we see. A useful tool to aid in the promotion of your services is the maintenance of a photo album showing you in action. There can be no better method of explaining to someone who is new to canine water therapy exactly what you do.

Through a series of photos, you can illustrate what you do and how you do it. By keeping a current album of photos in your lobby, you will have an immediate reference tool to show a prospective client what they can expect for their loved one.

A series of photos can serve many functions; from alleviating any fears about the water therapy; to showing specific therapy techniques; to individual reactions of various dogs; to displaying the steps involved with a typical session; to sharing before and after images of individual clients.

The old cliché, "a picture is worth a thousand words", applies to you and the situation where you have a prospect asking exactly what is it you do and how will it affect their cherished family member. By

showing someone who is being introduced to the services you provide for the first time you have the opportunity to express visually many concepts and actions you may not express verbally.

"There can be no

better method of

explaining to

someone who is new

to canine water

therapy exactly

what you do.'

Through a series of action images a prospective client can make a conscious and committed decision to select you and the services you provide based upon being convinced that

you know what you are doing, that other individuals have placed their trust in you, they have gained an understanding of what is involved, and most important they have established a comfort zone with you and the services you provide.

For many, using a camera can be a chore, particularly when you have your job to do. Try to establish a routine so the interjection of taking a photo becomes a "habit" and not an awkward moment disrupting the flow of your routine. You may have support staff that can be trained to assist with taking routine photos. There is always the possibility of having your clients be involved with taking photos and you providing them copies for their own albums. The goal is to be able to blend the action of documentation into your routine such that it becomes a part of your natural flow, both for you as well as for your

By keeping a camera readily available within your facility you are setting the stage for documentation. In addition to a scrap book of current images, you are also maintaining images you can use for future promotional tools such as your business card, brochure, flyers, and web site. One can never have enough images as a resource when it comes to designing

promotional material.

As you are already in tune with the sensitivity of your clientele, it is advantageous to seek permission for the possibility of taking and using photos of a client at the very onset of a relationship. This interchange establishes the

degree of privacy and confidentiality expected within your ongoing relationship.

You may even choose to have a "Hall of Fame" bulletin board in your lobby showing photographic examples of happy canine in the act of enjoying their therapy.

You do not have to be a whiz with a camera and can even use the current disposable cameras as your tool of choice. The water resistant versions are inexpensive and can come in handy providing close up action shots with the fear of ruining a good camera.

Digital cameras offer the advantage of not having to deal with the expense and time involved with processing prints. You also have the advantage of taking as many images as the memory allows and you can readily erase non-essential images. You can even place your digital camera in a plastic bag to keep it from potential water damage.

Contact Charlie of Synchronicity at: charliecomstock@msn.com



Learn about Canine Structure & Gait Analysis



DOGSTEPS: A NEW LOOK by Rachel Page Elliott

This classic on the evaluation of movement and gait will help you to a better understanding of dog gait through cineradiography - "moving x-rays." Up-to-date scientific information in an easy-to-understand format! *Review: This is the first must have gait book.*



DOGSTEPS DVD by Rachel Page Elliott

The most complete information on canine gait and movement! The incredible moving x-rays show you what is actually happening when a dog moves; you can see the relationships between parts! Recommended for every serious fancier and certainly every breeder. Review: Awesome, but dry. Recommend for intermediate student of gait or in conjunction with the book New Dogsteps.

AN EYE FOR A DOG - ILLUSTRATED GUIDE TO JUDGING PUREBRED DOGS by Robert Cole

2004 Dog Writers Assn. of America Writing Competition Winner, Best Reference Book!

Now you can develop your own eye for sound movement and structure and learn how marking, size, and even leash position affect the judge's perception! You will get to actively participate in over 100 judging scenarios similar to what a judge encounters in the show ring. *Review: Fantastic! Limited gait info.*

A KEY TO MOVEMENT VIDEO by Karen Armistead

See what every judge sees: movement down, back, and around. Action is slowed down so much that you see what is actually happening when a dog walks and trots. A "must" for the serious fancier! Review: Very good, very slow. Will help you develop an eye for gait.

DOG ANATOMY: A PICTORIAL APPROACH by Peter Goody

Canine anatomy for owners, breeders, exhibitors, and judges! Emphasis on those points of anatomy that can be seen or felt from the surface through the skin; relates internal anatomy to the surface. 38 pages of illustrations, over 150 individual drawings. *Review: Good book, does not cover gait.*

DOG LOCOMOTION AND GAIT ANALYSIS by Curtis Brown

Detailed look at gait and locomotion. Delves into the issue of what judges look for at dog shows vs what is functionally efficient in nature. *Review: Very good book for any level.*

CANINE CINERADIOGRAPHY DVD: A STUDY OF BONE AND JOINT MOTION AS SEEN THROUGH MOVING X-RAYS by Rachel Page Elliott

Slow motion study of canine bone and joint movement, as seen through moving x-rays, offers a close look at skeletal action inside the dog. *Review: This is the next video after Dogsteps. Great but dry.*

K-9 STRUCTURE & TERMINOLOGY by Edward Gilbert, Jr. & Thelma Brown

Learn to evaluate structure and movement, heads. Should give an idea of what to look for in the ring or in evaluating puppies. Excellent line drawings. *Review: Fantastic supplement to a good basic gait book. Gives many breed specific nuances.*

THE DOG IN ACTION by McDowell Lyon

The first book to thoroughly analyze, illustrate and explain the under-the-skin workings of the dog. It shows the breeder, fancier, and judge that the principles of movement apply to all breeds. Reprinted, 2002. Review: Excellent book originally published in 1950. Some details have since proved to be impossible such as 45 degree shoulder angulation, but the basic premise is extremely valid. Big bang for the buck in terms of learning.



Sink Or Swim!

Rating Canine Water Toys

Brodie Fisher has been swimming with Cindy Horsfall of La Paw Spa since his CCL surgery in July 2003. He loves toys therefore, he will be testing a new canine water toy each quarter. In this issue, he will be reviewing the...

JW Pet Company Whirl-Wheel Squeaky Rubber Flying Disk

JW Pet Company is the maker of the Hol-ee Roller and many other dog toys and grooming products. The JW Pet Company Whirl-Wheel puts a new spin on the flying disc. The only squeaking, pliable, flyable disc on the market, innovation and creativity mark the launch of this soon to be favorite. The Whirl-Wheel can be used as a tug toy, as a toss toy, as a chew toy, and as an interactive whirling wheel of fun for pet and pet parent. This wheel of amusement comes in 2 sizes (6" and 8" diameters) and assorted bright colors. Colors usually can not be specified to an online retailer

Brodie's Rating: The Whirl-Wheel has become Brodie's favorite toy. I was surprised when I put the Whirl-Wheel down next to the Pooch Tube and he selected the Whirl-Wheel. It might have to do with the squeaker in the middle. He loves the noise. It is a lightweight toy and I was concerned that it would not hold up to Brodie's intermittent chewing. But, so far, no problem there. I think the fact that it is lightweight, thin and flexible (with holes), makes it easier to retrieve and move through the water. With the middle section being raised, it's also very visible in the water. Brodie tested the blue model but I think we might have to try and get the other colors as well.

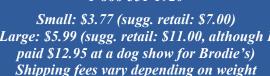


Brodie rates this toy...

1-866-331-1920 Small: \$3.77 (sugg. retail: \$7.00) Large: \$5.99 (sugg. retail: \$11.00, although I

The Whirl-Wheel is widely available online

however, the best price I found online was at GregRobert Discount Pet Supplies www.pet-dog-cat-supply-store.com

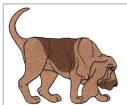






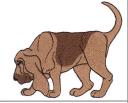
Editor's Note: If you have tried out any of Brodie's Sink or Swim toys or have a new toy to rate, please send in your comments and/or pictures to me at newsletter@caninewatertherapy.com.





Sniff This!

~A Look at Products NEW to our Industry~





Floating Pool Thermometer With Remote Digital Display From Sharper Image

This is convenient — a floating pool thermometer that transmits readings to a wireless indoor display! Without going outside, you can check the water temperature of your pool or spa from as far away as 100 feet — thanks to the thermometer's 433MHz transmitter.

The floating thermometer has its own big LCD so it's easy to read — the digits are huge! Secure it to the side of the pool using the included tether. This robust instrument is waterproof and resistant to damage from chemicals and sun.

The indoor receiver displays the water temperature plus room temperature; humidity; min/ max temperature readings; high/low temperature alert; and temperature-trend indicators. The thermometer is 7" x 4" across; it runs on 2 AA batteries. The wireless receiver is 4 1/2" x 4" x 1"; it runs on 2 AA batteries (order batteries separately). 90-day warranty. \$69.95

Weatherproof Atomic Clock From Sharper Image

Rugged, weatherproof atomic clock automatically sets the current time and date based on signals linked to the U.S. Atomic Clock. A built-in sensor measures the indoor/outdoor temperature in °F or °C. The LCD screen shows the 12/24-hour time in any U.S. time zone, plus the month and date. Mount it to a wall or place it on a surface using the built-in easel stand. Weatherproof clock also endures sun exposure. Great for poolside, deck or patio. Measures 8 3/4" x 10 1/4" x 2" and weighs 27.37 oz. Runs on 2 AA batteries (included). 90-day warranty. \$59.95



Editor's Note: I recently ordered a pair of the Vibram FiveFingers water shoes that were highlighted in the last issue. It took about a week and a half to get them after ordering. They came in a nice canvas holder which holds each shoe individually in its own pocket. I put them on right away. It took a bit to get my little toe into it's own slot but once done, they were comfortable. They certainly provided the traction that I was looking for when getting in and out of the pool. Since I haven't been able to wear them for very long, I can't provide any testimony to the muscle strengthening and stimulating benefits of the shoes. But, I'll keep you posted!





Canine Anatomy Quiz

Question 1: You are now staring at a dog skeleton and notice the retroarticular foramen and hypglossal canal. Where the heck are they?

- A. The leg
- B. The skull
- C. The spine
- D. The pelvis

Question 2: Oh no! Your dog has developed sialocele! Where's the trouble?

- A. Brain
- B. Lymph nodes
- C. Salivary gland
- D. Ears

Question 3: You have a brachycephalic dog. It may have trouble with what normal function?

- A. Urinating
- B. Breathing
- C. Digesting meat
- D. Hearing

Question 4: Your dog has GVD. What organ is affected?

- A. Intestines
- B. Brain
- C. Lungs
- D. Stomach

Question 5: Your dog was bitten on the pinna. What hurts?

- A. Leg
- B. Tail
- C. Ear
- D. Nose

Question 6: Your dog broke his crus. What hurts?

- A. Leg
- B. Tail
- C. Skull
- D. Neck

Question 7: What is the gemellus?

- A. An artery
- B. A nerve
- C. A muscle
- D. A vein

Question 8: Dogs have tonsils.

- A. True
- B. False

Question 9: A good place to take a blood sample is from the jugular vein.

- A. True
- B. False

Question 10: What bone connects directly with the scapula?

- A. The ulna
- B. The humerus
- C. The radius
- D. The metacarpal bones



Answers on page 20.









Home Made Ice Packs for Dogs

What you need:

2 large or medium zip lock bags 1 bottle of rubbing alcohol

Instructions:

Fill baggie 3/4 full with water.
Fill remainder of baggie with rubbing alcohol.
Close tight and then double bag it (just in case the first bag comes open).
Place bag in freezer - it will freeze but be somewhat flexible.

It will actually be colder than frozen peas. It also refreezes great and can be used over and over again. A pillowcase or light weight placement or cloth dinner napkin is great to use against the skin Just place the pillowcase/napkin on the area to be "iced" and place baggie on the pillowcase.



This ice pack is great because it is also flexible - the alcohol keeps the water from totally freezing. It's like what you get when you make frozen margaritas

Hey, maybe a frozen margarita is even better.... you could drink it after "icing" your dog's knee!



Canine Anatomy Quiz Answers

Answers to the Canine Anatomy Quiz on page 18

Question 1: B. The skull These are externally visible, if you look closely enough. And know what you're looking for. That's the hard part.

Question 2: C. Salivary gland In this condition there's a discontinuity in a major salivary duct, resulting in cystlike accumulations of saliva in adjacent tissues.

Question 3: B. Breathing Brachycephalic dogs (pugs, Pekinese and the like) have squashed-in faces that can seriously interfere with their breathing.

Question 4: D. Stomach GVD stands for gastric dilatation and volvulus, a potentially fatal condition that most commonly occurs in large breed dogs. It occurs when gas is trapped in the stomach and accumulates. The stomach can twist on itself, cutting off circulation.

Question 5: C. **Ear** The pinna is the portion of the ear that is visible externally.

Question 6: A. Leg The crus is the region of the pelvic limb extending between the knee and the ankle.

Question 7: C. A muscle The gemellus rotates the limb laterally at the hip.

Question 8: A. True They can even get tonsillitis.

Question 9: A. True The dog's external vein is big and it is near the surface. Thus it is an excellent site for the collection of a large amount of blood.

Question 10: B. The humerus The ulna and radius are attached to the humerus. And there is nothing funny about it, either.



THE SPLASHI will now be published according to the following schedule:

Spring Edition (March/April/May)
Summer Edition (June/July/August)
Fall Edition (September/October/November)
Winter Edition (December/January/February)



Upcoming Training Opportunities

The Heart of Canine Water Therapy - Level 1 Training Instructor: Cindy Horsfall, LMP, SAMP, CWP

July 29-August 3, 2006 (Saturday dinner to Thursday at 11am) ~ in WA State (SOLD OUT) November 11-16, 2006 (Saturday dinner to Thursday at 11am) ~ in WA State

The Heart of Canine Water Therapy - Level 2 Training Instructor: Cindy Horsfall, LMP, SAMP, CWP

September 23-29, 2006 (Saturday dinner to Friday at 11am) ~ in WA State (SOLD OUT)

Visit www.lapawspa.com for more information.

Member Discounts!

FACILITY MEMBER DISCOUNTS

GET YOUR NEW POOL AT FLORIDA NORTH!!! This is a great pool.... And Bob and Dick at Florida North are offering members at the POOL LEVEL a \$500.00 discount on their already reasonably priced SWIM SPA!!! WOW. Check out these products at www.floridanorth.com. Our friends Dan and Bob at Florida North are there to help you – just give them your ACWT POOL membership # and start preparing for your new pool or spa. Email or call them at 1-800-505-SWIM (7946).

GET ALL YOUR POOL SUPPLIES at a HUGE SAVINGS!!! Call our friends Phil Miller and Jim at Amerimerc and get a 15% discount on their already low, low prices on everything you need. These guys are dog lovers and they are so excited to help the ACWT and the world of water therapy for dogs.

Check out their websites at: www.aqua-poolwarehouse.com and www.amerimerc.com. When you are ready to order – call Phil at 1-877-891-7665 with your ACWT Pool Membership # and start saving money today!!!

ALL LEVEL MEMBER DISCOUNTS

<u>INNOVATIVE HEALTH ALTERNATIVES</u> for the Water (and Air!) are now yours at www.ewater.com. Fred Van Liew has graciously offered discounts to ALL of our MEMBERS of up to 25% on his product line. We put an Etower in all of our pools and they are AMAZING!!! Upon receiving your MEMBERSHIP APPLICATION, we will send you the referral link that will get you our generous professional discount pricing.

ALL LEVEL MEMBER DISCOUNTS

AN EXTENSIVE LINE OF FUN THINGS! Can be found at "All PETS GO TO HEAVEN" and they are offering every member of the ACWT a 10% discount! Thank you Teri (an ACWT Member)!!! Go to www.allpetsgotoheaven.com and enjoy shopping!!!



FULL SERVICE BAKERY & UNIQUE RETAIL STORE!

Happy Dog Healthy Dog (an ACWT Member) is offering a 10% discount to ACWT Members in their online retail store. Shop for wonderful bakery items, dog food, supplements, books, clothing for you and your dog, gift baskets of wonderful spa items and much more. Visit www.happydoghealthydog.com today!



DO YOU HAVE A SPECIAL EVENT PLANNED AT YOUR POOL?
DO YOU KNOW OF A SPECIAL TRAINING OPPORTUNITY?
WOULD YOU LIKE TO OFFER A MEMBER DISCOUNT?
WOULD YOU LIKE YOUR POOL, SERVICES OR BUSINESS FEATURED?
PLEASE LET US KNOW SO THAT WE CAN INCLUDE IT IN A FUTURE ISSUE OF THE SPLASHI



Member Directory

POOLS & TREADMILLS

All Dogs Pool & Spa (coming Summer 2006) Owner: Megan L. Anderson LMP, SAMP

Business Phone: 360-659-4688 Location: Tulalip, WA Email: alldogs1@verizon.net

Aqua Dog, Inc. (coming Fall 2006)

Owner: Pamela Tewes Location: West Roxbury, MA

Email: ptewes@caninewatertherapy.com **Website:** www.wellbalanceddog.com

Aquadog Spa

Owner: Cindy Hickman Business Phone: 253-630-3340

Location: Kent, WA

Email: cindy@aquadogspa.com **Website:** www.aquadogspa.com

Canine Fitness Center

Owner: Maury Chaput

Business Phone: 410-923-SWIM **Location:** Crownsville, MD

Email: maury@caninefitnesscenter.com **Website:** www.caninefitnesscenter.com

Cottage Spa

Owner: Rebeca Berni

Business Phone: 425-844-2834 Location: Woodinville, WA Email: cottagespa@comcast.net Website: www.cottage.com

Doggie Dome Swim Spa

Owner: Melody Horne
Business Phone: 603-859-7827
Location: New Durham, NH
Email: toot@worldpath.net
Website: www.worldpath.net/~toot

Happy Dog Healthy Dog

Owner: Diane Mayer & Cathy Toner Business Phone: 302-428-1918 Location: Wilmington, DE

Email: diane@happydoghealthydog.com **Website:** www.happydoghealthydog.com

Happy Tails Resort & Spa

Owner: Beth Meyer

Business Phone: 253-939-3494

Location: Auburn, WA

Email: beth@happytailsresort.com Website: www.happytailsresort.com **Healthy People Healthy Pets**

Owner: Eva Gellert Business Phone: 770-457-4420

Location: Atlanta, GA

Email: thepetaway@yahoo.com

Website:

ww.healthypeoplehealthypets.com

Heavenly Spa

Owner: Teri Sahm

Business Phone: 425-222-7221 **Location:** Fall City, WA

Email: teri@allpetsgotoheaven.com Website: www.allpetsgotoheaven.com

Hydro Hound

Owner: Michelena Rudman Business Phone: 972-492-0302 Location: Carollton, TX

Email:

hydrohound@caninewatertherapy.com

K9 Aquatics, Inc. (coming Fall 2006) Owner: Sandy Fisher & Doris Kopp Location: Sammamish, WA Email: info@k9aquatics.com Website: www.k9aquatics.com

K9 Hydrotherapy Inc.

Owner: John Lambert

Business Phone: 952-922-9366 Location: St. Louis Park, MN Email: info@k9hydrotherpayinc.com Website: www.k9hydrotherapyinc.com

La Paw Spa

Owner: Cindy Horsfall

Business Phone: 425-222-WOOF (9663) **Location:** Fall City, WA & Edmonds, WA

Email: cindy@lapawspa.com Website: www.lapawspa.com

Mega-Dogs!

Owner: Karen Hunter

Business Phone: 866-MEGA-DOG Location: Woodinville, WA Email: swim@mega-dogs.com Website: www.mega-dogs.com

Paddling Paws

Owner: Terri Steely, R.N. Location: Goose Creek, SC

Email:

paddlingpaws@caninewatertherapy.com

Pampered Paw Swim Spa

Owner: Tonita Fernandez
Business Phone: 360-802-4986
Location: Enumclaw, WA

Email:

tonita@pamperedpawswimspa.com

Website:

www.pamperedpawswimspa.com

Paws To Swim

Owner: Deborah Logerfo
Business Phone: 804-749-4972
Location: Rockville, VA
Email: pawstoswim@verizon.net

Website: www.pawstoswim.com

Pawsitively Pooched, Ltd.

Owner: Carrie Smith & Brenda Williams Business Phone: 403-241-5030 Location: Calgary, Alberta, Canada Email: carries@caninewatertherapy.com & brendaw@caninewatertherapy.com Website: www.pawsitivelypooched.com

Sit, Stay, Swim (coming in 2007) Owner: Cherie Hogland Business Phone: 804-749-4972

Location: Rockford, IL

Email: jkhuff@insightbb.com &

chogland@aol.com

SplashDog Spa

Owner: Melissa Barran
Business Phone: 206-546-5309
Location: Edmonds, WA

Email: topdog@splashdogspa.com Website: www.splashdogspa.com

Sumner Veterinary Hospital

Owner: Kathy Sheeran Business Phone: 253-863-2258 Location: Sumner, WA

Email: Dr.Sheeran@sumnervet.com Website: www.sumnervet.com

The Dawg House Swim Spa

(coming Fall 2006)

Owner: Karen Theusen
Business Phone: 360-380-2495
Location: Ferndale, WA

Email: karentheusen@hotmail.com

(continued on next page)



Member Directory cont.

The Dogs Aqua Therapy Ltd.

Owner: Melba Ayres

Business Phone: 780-443-3113 Location: Edmonton, Alberta, Canada Email: melba@dogsaquatherapy.com Website: www.dogsaquatherapy.com

The Dog Run, NYC

Owner: Stacy Alldredge & Mary Connelly

Business Phone: 212-414-2500 Location: New York, NY Email: thedogrun nyc@msn.com Website: www.thedogrun-nyc.com

The Total Dog Swim Spa

Owner: Alison White **Location:** Aliso Vieio. CA Email: aswhiteauthor@cox.net

> THERAPISTS, CANINE SWIM SPECIALISTS & STUDENTS OF THE WORK

Stacy Alldredge

Company: The Dog Run, NYC **Business Phone:** 212-414-2500 Location: New York, NY

Email: thedogrun nyc@msn.com Website: www.thedogrun-nyc.com

Megan L. Anderson LMP, SAMP

Company: All Dogs Pool & Spa **Business Phone:** 360-659-4688 Location: Tulalip, WA

Email: alldogs1@verizon.net

Melba Ayres

Company: The Dogs Aqua Therapy Ltd. **Business Phone:** 780-443-3113

Location: Edmonton, Alberta, Canada **Email:** melba@dogsaquatherapy.com Website: www.dogsaquatherapy.com

Rebeca Berni, LMP, SAMP

Company: Cottage Spa **Business Phone:** 425-844-2834 Location: Woodinville, WA Email: cottagespa@comcast.net Website: www.cottage.com

Maury Chaput

Company: Canine Fitness Center **Business Phone:** 410-923-SWIM Location: Crownsville, MD

Email: maury@caninefitnesscenter.com Website: www.caninefitnesscenter.com

Patricia Cool

Company: New facility coming soon

Location: Granite Falls, WA

Tonita Fernandez

Company: Pampered Paw Swim Spa **Business Phone:** 360-802-4986

Location: Enumclaw, WA

Email: tonita@pamperedpawswimspa.com

Website:

www.pamperedpawswimspa.com

Eva Gellert

Company: Healthy People Healthy Pets

Business Phone: 770-457-4420

Location: Atlanta, GA

Email: thepetaway@yahoo.com

Website:

www.healthypeoplehealthypets.com

J Linn Black Henline, LMP, SAMP

Company: JLinn

Business Phone: 425-673-9573 Location: SplashDog Spa, WA Email: jlinn@jlinn.net

Website: www.jlinn.net

Cindy Hickman, LMP, SAMP

Company: Aquadog Spa **Business Phone: 253-630-3340**

Location: Kent, WA

Email: cindy@aquadogspa.com

Melody Horne

Company: Doggie Dome Swim Spa **Business Phone:** 603-859-7827 Location: New Durham, NH **Email:** toot@worldpath.net

Website: www.worldpath.net/~toot

Cindy Horsfall, LMP, SAMP, CWP

Company: La Paw Spa **Business Phone:** 425-222-9663 Location: Fall City & Edmonds, WA

Email: cindy@lapawspa.com Website: www.lapawspa.com

Cherie Hogland

Company: Sit, Stay, Swim **Business Phone:** 804-749-4972

Location: Rockford, IL Email: jkhuff@insightbb.com John Lambert

Company: K9 Hydrotherapy Inc. **Business Phone:** 952-922-9366 Location: St. Louis Park, MN

Email: info@k9hydrotherpayinc.com Website: www.k9hydrotherapyinc.com

Debbie LaMonica, LMP, SAMP

Company: Andante Bodyworks **Business Phone:** 425-231-0235 **Location:** SplashDog Spa, WA **Email:** vivacewhippets@comcast.net

Barbara Lierson

Company: New facility coming soon

Location: Renton, WA

Deborah Logerfo

Company: Paws to Swim **Business Phone:** 804-749-4972 Location: Rockville, VA

Email: pawstoswim@verizon.net Website: www.pawstoswim.com

Diane Mayer

Company: Happy Dog Healthy Dog **Business Phone:** 302-428-1918

Location: Wilmington, DE

Email: diane@happydoghealthydog.com Website: www.happydoghealthydog.com

Beth M. Meyer

Company: Happy Tails Resort & Spa

Business Phone: 253-939-3494

Location: Auburn, WA

Email: beth@happytailsresort.com Website: www.happytailsresort.com

Michelle Moran

Company: New facility coming soon

Location: Cedar Rapids, IA

Karen Rowan

Company: New facility coming soon

Location: Indian Trail, NC

Michelina Rudman

Company: Hydro Hound **Business Phone:** 972-492-0302

Location: Carollton, TX

Email:

hydrohound@caninewatertherapy.com





Member Directory cont.

Cassie Sawyer, LMP, SAMP

Business Phone: 206-935-3615 **Location:** Heavenly Spa, WA and

Aquadog Spa. WA

Email: WeePawsMail@aol.com

Carrie Smith

Company: Pawsitively Pooched, Ltd. Business Phone: 403-241-5030 Location: Calgary, Alberta, Canada Email: carries@caninewatertherapy.com Website: www.pawsitivelypooched.com

Terri Steely, R.N.

Company: Paddling Paws Location: Goose Creek, SC

Email:

paddlingpaws@caninewatertherapy.com

Carol Swindaman, SAMP

Business Phone: 425-222-7221 Location: Heavenly Spa, WA Email: spawcs@gte.net

Pamela Tewes

Company: Aqua Dog Inc. **Location:** West Roxbury, MA

Email: ptewes@caninewatertherapy.com Website: www.wellbalanceddog.com

Cathy Toner

Company: Happy Dog Healthy Dog Business Phone: 302-428-1918 Location: Wilmington, DE

Website: www.happydoghealthydog.com

Linda Voelker, LMP, SAMP

Company: MerlinsMom.com **Business Phone:** 425-844-2505

Location: Duvall, WA

Email: Linda@merlinsmom.com **Website:** www.merlinsmom.com

Gina Whipkey

Company: New facility coming soon

Location: Bend, OR

Alison White

Company: The Total Dog Swim Spa

Location: Aliso Viejo, CA **Email:** aswhiteauthor@cox.net

Brenda Williams

Company: Pawsitively Pooched, Ltd. Business Phone: 403-241-5030 Location: Calgary, Alberta, Canada

Email: brendaw@ caninewatertherapy.com

Website: www.pawsitivelypooched.com

SUPPORTING VETERINARIANS

Animal Healing Center

On Staff: Dr. Larry Siegler Business Phone: 425-885-5400 Location: Redmond, WA

Website: www.animalhealingcenter.com

Mobile Veterinary Services

On Staff: Dr. Tina Ellenbogen

Business Phone: 425-485-7387 (PETS)

Location: Bothell, WA

Email: drtina@caninewatertherapy.com **Website:** http://hometown.aol.com/drtinavet/myhomepage/profile.html

<u>Puget Sound Animal Hospital for</u> Surgery, P.S.

On Staff: Dr. Mark Engen & Dr. Byron

Misseghers

Business Phone: 425-827-5686 **Location:** Kirkland, WA

Sumner Veterinary Hospital

On Staff: Dr. Kathy Sheeran Business Phone: 253-863-2258

Location: Sumner, WA

Email: Dr.Sheeran@sumnervet.com **Website:** www.sumnervet.com

SUPPORTING BUSINESSES

Dynamite Specialty Products

Owner: Mary DeFillippo Business Phone: 425-290-2255 Location: Snohomish, WA

Email: maryfurhaven@earthlink.net **Website:** www.dynamitemarketing.com

Gold Canyon Candle Distributor

Owner: Amy North Location: USA

Email: anorth3@cox.net

Mystic Mountain Retreat

Owner: Cindy Hill

Business Phone: 360-794-6388 **Location:** Monroe, WA

Email: mysticmountainretreat

@hotmail.com
Website:

www.mysticmountainretreat.com

Pension Design & Admin., Inc.

Owner: Doris Kopp

Business Phone: 425-868-1230 Location: Redmond, WA

Email: doris@pensiondesign.com **Website:** www.pensiondesign.com

Puppy Manners Family Dog School

Owner: Becky Bishop

Business Phone: 425-482-1057 Location: Woodinville, WA Email: becky@puppymanners.com Website: www.puppymanners.com

Sam's Dog Hut

Owner: Sheila Palme

Business Phone: 715-262-4566

Location: Prescott, WI

Email: samsdoghut@centurytel.net Website: www.samsdoghut.com

Synchronicity

Owner: Charlie Comstock Business Phone: 360-461-3155

Location: can service anyone, anywhere **Email:** charliecomstock@msn.com

The Lodge at Cardiff's

Owner: Susan Von Beck Business Phone: 425-788-8449

Location: Duvall, WA

Email: Hunterdonfarms@aol.com **Website:** www.lapawspa.com/thelodge

SUPPORTING FRIENDS

John Hague & Heidi Hildebrand, Lisa Van Horn & Dugan, Catherine Lisa VanCamp, Lisa & Uncle Bookney, Jean & John Horsfall, Gretchen & Gunther, Julie Hess & Annie, Sedalana Shepherds, Carrie & Owen, Ann Schurman, Anita Gehring, and Kathe Roat

If you are a member (except for Facility Owners) and would like to receive a printed version of this newsletter, mail a check for \$25 (for four quarterly issues) to: ACWT, 325 E. Washington St., #237, Sequim, WA 98382